

Don't Stop Moving

Count: 64

Wand: 4

Ebene: Improver

Choreograf/in: Lisa Martin (UK)

Musik: Don't Stop Movin' - S Club 7



TRIPLE STEP(RIGHT) TRIPLE STEP(LEFT), FLICK BALL CHANGE, LEFT PIVOT TURN

- 1&2 Triple step, right left right
- 3&4 Triple step, left right left
- 5&6 Flick ball change right
- 7 Small step forward on the right foot
- 8 Pivot ½ turn to the left, (on the balls of the both feet) recovering weight onto the left foot
- 9-16 Repeat steps 1-8 (you are now facing the back wall)

SIDE, CLOSE, SIDE, OUT, HIP ROCKS

- 17 Step right foot to right side
- 18 Step left foot to join right foot
- 19 Step right foot to right side
- 20 Step left foot to the left
- 21-24 Four hip rocks, left, right, left, right
- 25-32 Repeat to the left

HIP ROCKS AND CLAPS

- 33 Rock hip to the left
- 34 Clap high
- 35 Rock hip to the right
- 36 Clap high
- 37-40 Repeat 33-36

OUT, IN, ROLL, ROLL REPEAT

- 41 Tap right foot to right side
- 42 Step right foot next to left (in place)
- 43-44 Roll arms twice
- 45 Tap left foot to left side
- 46 Tap left foot next to the right foot
- 47-48 Roll arms twice

CROSSING WEAVE RIGHT, ROCK, RECOVER, CHA-CHA-CHA

- 49 Step left foot across in front of right foot
- 50 Step side on right foot
- 51 Step left foot across behind right foot
- 52 Step side on right foot
- 53 Step left foot across right foot and rock diagonally forward
- 54 Recover weight onto right foot
- 55&56 Cha-cha-cha left, right, left

SHUFFLE (RIGHT), SHUFFLE (LEFT), GRAPEVINE (RIGHT) WITH ¼ TURN

- 57&58 Step right foot forward, close left foot beside right, step right foot forward
- 59&60 Step left foot forward, close right foot beside left, step left foot forward
- 61 Step right foot to right
- 62 Step left foot across behind right
- 63 Step right foot to right making a ¼ turn to the right

REPEAT
