Don't Stop Movin

Count: 32

Ebene: Intermediate

Choreograf/in: Andreina Signori (UK)

Musik: Don't Stop Movin' - S Club 7

SYNCOPATED GRAPEVINE LEFT FINISHING WITH 1/2 TURN LEFT

- Cross right in front of left, step left to side, cross right behind left 1&2
- &3-4 Step left to side, cross right in front of left, unwind making 1/2 turn left

SYNCOPATED GRAPEVINE LEFT FINISHING WITH 1/4 TURN LEFT

- 5&6 Cross right in front of left, step left to side, cross right behind
- &7-8 Step left to side, cross right in front of left, unwind making 1/4 turn left

COASTER STEP RIGHT, 2X ¼ TURN

- 9&10 Step back right, bring right together, step forward left
- &11&12 Making ¼ turn right on ball of right point left to the side (twice)

KICK LEFT, CROSS RIGHT IN FRONT, UNWIND FULL TURN

- Kick left across right, step left to side, cross right in front of left 13&14
- 15-16 Unwind making full turn left

MAMBO STEPS, TRIPLE ¾ TURN LEFT, SAILOR STEP LEFT

- 17&18 Rock forward right, back left, together right
- 19&20 Rock back left, rock forward left, together left
- 21&22 Make triple 3/4 turn left stepping left, right, left
- 23&24 Sailor step left

HEEL JACKS, CROSS ¾ TURN, COASTER STEP

- Cross right in front of left, spring back on left, place right heel diagonally forward 25&26
- &27&28 Spring right in place, cross left in front, spring back on right, place left heel forward
- &29 Spring left into place, cross right in front
- Unwind making 3/4 turn left 30
- 31&32 Coaster step left

REPEAT

TAG 1

After wall 4, wall 7, and wall 10

PIVOT ¼ TURN LEFT TWICE, KNEE TWISTS

- Step forward right, 1/4 turn left (twice) 1-4
- 5-6 Twist left knee in, out
- 7&8 Twist left knee in, out, in
- Twist left knee out, in 9-10
- 11&12 Twist left knee out, in, out

1/2 TURN LEFT STEPPING RIGHT TO SIDE, STEP LEFT, KNEE TWISTS, HIP ROLLS

13-20 On ball of left make half turn left stepping right to side, step left in place, twist left knee in & out, circle hips to the left twice

TAG 2

After completing Tag 1 after walls 7 and 10 **PIVOT ¼ TURN LEFT TWICE, KNEE TWISTS**





Wand: 4

- 1-4 Step forward right, ¼ turn left (twice)
- 5-6 Twist left knee in, out
- 7&8 Twist left knee in, out, in

$\ensuremath{^{/}_{\!\!\!\!\!2}}$ TURN LEFT STEPPING RIGHT TO SIDE, STEP LEFT, KNEE TWISTS, HIP ROLLS

9-16 On ball of left make ½ turn left stepping right to side, step left in place, twist left knee in & out, circle hips to the left twice