

Don't Stop

Count: 40

Wand: 4

Ebene: Improver

Choreograf/in: Jay Floyd

Musik: Don't Stop Movin' - S Club 7



RIGHT KICK STEP TOUCH, LEFT KICK STEP TOUCH, RIGHT HEEL TOE, STEP ¼ BOUNCING TURN

- 1&2 Kick right forward, step right, touch left toe behind
- 3&4 Kick left forward, step left, touch right toe behind
- 5-6 Touch right heel forward, touch right toe behind
- 7&8 Step forward right, ¼ turn left with a bounce, bounce

SYNCOPATED RIGHT ROCK RECOVER TOUCH, TOE TOUCH WITH FULL SPIRAL TURN, SIDE SHUFFLE, ROCK RECOVER

- 1&2 Syncopated cross right over left, recover to left, touch right to right
- 3-4 Touch right behind left, full spiral turn right onto right
- 5&6 Shuffle side left, right, left
- 7-8 Rock right behind left, recover to left

SKATE RIGHT, LEFT, SHUFFLE RIGHT. SKATE LEFT, RIGHT, SHUFFLE LEFT

- 1-2 Step right at forward angle, step left at forward angle
- 3&4 Shuffle in place, right left right
- 5-6 Step left at forward angle, step right at forward angle
- 7&8 Shuffle in place, left right left

STEP ½ TURN, SHUFFLE FORWARD, LEFT MAMBO CROSS, RIGHT MAMBO CROSS

- 1-2 Step forward right, turn ½ left onto left
- 3&4 Shuffle forward right left right
- 5&6 Rock left to left, recover to right, cross step left in front of right
- 7&8 Rock right to right, recover to left, cross step right in front of left

LEFT MAMBO CROSS, RIGHT MAMBO CROSS, STEP ½ TURN, SHUFFLE FORWARD

- 1&2 Rock left to left, recover to right, cross step left in front of right
- 3&4 Rock right to right, recover to left, cross step right in front of left
- 5-6 Step forward on left, pivot ½ turn onto right
- 7&8 Shuffle forward left right left

REPEAT
