

Don't Rock The Jukebox

Count: 0

Wand: 0

Ebene:

Choreograf/in: Bjarne Lund (DK) & Hanne Lund (DK)

Musik: Don't Rock the Jukebox - Alan Jackson



Sequence: A-B-B-A-A-B-B-A-C-FINISH

Three count intro, start dance when Alan sings the first "jukebox"

PART A

ROCK STEP, ½ TURN SHUFFLE, STEP POINTS

- 1-2-3&4 Rock forward on right foot, recover on to left foot, with ¼ turn over left shoulder step right foot backward, step left foot next to right, with ¼ turn over left shoulder step right foot right
- 5-6-7-8 Step left foot forward, point right toe right, step right foot forward, point left toe left

ROCK STEP, ½ TURN SHUFFLE, SPIRAL TURN, SHUFFLE

- 1-2-3&4 Rock forward on left foot, recover on to right, with ¼ turn over left shoulder step left foot backward, step right foot next to left, with ¼ turn over left shoulder step left foot left
- 5-6 Step right foot forward making full turn over left shoulder, hooking left foot over right
- 7&8 Step left foot forward, step right foot next to left, step left foot forward

ROCK STEP, BACKWARD PIVOT TURN, HEEL SWITCHES, CLAP

- 1-2-3-4 Rock right foot forward, recover on to left, point right toe backward, turn ½ over right shoulder taking weight on to right foot
- 5&6&7-8 Dig left heel forward, step left foot next to right, dig right heel forward, step right foot next to left, dig left heel forward, clap

STEP, PIVOT TURN, KICK BALL CHANGE, HEEL AND TOE TURN

- &-1-2 Step left foot next to right, step right foot forward, turn ½ over left shoulder taking weight on to left foot
- 3&4 Kick right foot forward, step right foot next to left, step left foot forward
- 5&6& Dig right heel forward, step right foot next to left, point left heel backward, turning ¼ over left shoulder step left foot next to right
- 7&8& Point right toe backward, step right foot next to left, dig left heel forward, step left foot next to right

WIZARD STEPS, ROCK STEP, ½ TURN SHUFFLE

- 1-2& Step right foot diagonally forward(1:30), lock left foot behind right, step right foot slightly forward
- 3-4& Step left foot diagonally forward(10:30), lock right foot behind left, step left foot slightly forward
- 5-6-7&8 Rock forward on right foot, recover on to left, with ¼ turn over right shoulder step right foot backward, step left foot next to right, with ¼ turn over right shoulder step right foot right

WIZARD STEPS, ROCK STEP, COASTER STEP

- 1-2& Step left foot diagonally forward(10:30), lock right foot behind left, step left foot slightly forward
- 3-4& Step right foot diagonally forward(1:30), lock left foot behind right, step right foot slightly forward
- 5-6-7&8 Rock forward on left foot, recover on to right foot, step left foot backward, step right foot next to left, step left foot forward

PIVOT TURN, ROCK STEP, VAUDEVILLES

- 1-2-3-4 Step right foot forward, turn ½ over left shoulder taking weight on to left foot, rock right foot forward, recover on to left foot
- &5&6 Step right foot slightly backward, dig left heel diagonally forward, step left foot next to right, step right foot in place
- &7&8 Step left foot slightly backward, dig right heel diagonally forward, step right foot next to left, step left foot in place

SIDE SHUFFLE, CROSS ROCK, SIDE SHUFFLE, CROSS ROCK

- 1&2 Step right foot right, step left foot next to right, step right foot right
- 3-4 Rock left foot behind right, recover on to right foot
- 5&6 Step left foot left, step right foot next to left, step left foot left
- 7-8 Rock right foot behind left, recover on to left foot

PART B

SHUFFLE, ROCKING CHAIR

- 1-2-3-4 Step right foot forward, step left foot next to right, step right foot forward, pause
- 5-6-7-8 Rock left foot forward, recover on to right, rock left foot backward, pause

SWEEPING STEPS, ROCK STEP

- 1-2-3-4 Over two counts sweep right foot behind left, over two counts sweep left foot behind right
- 5-6-7-8 Over two counts sweep right foot behind left, rock left foot backward, recover on to right

VINE ¼ TURN, SCUFF, VINE, TOUCH

- 1-2-3-4 Step left foot left, step right foot behind left, with ¼ turn over left shoulder step left foot left, scuff right foot forward
- 5-6-7-8 Step right foot right, step left foot behind right, step right foot right, touch left foot next to right

VINE ¼ TURN, SCUFF, VINE, STEP

- 1-2-3-4 Step left foot left, step right foot behind left, with ¼ turn over left shoulder step left foot left, scuff right foot forward
- 5-6-7-8 Step right foot right, step left foot next to right, step right foot right, step left foot next to right

PART C

ROCK STEP, ½ TURN SHUFFLE, STEP POINTS

- 1-2-3&4 Rock right foot forward, recover on to left foot, with ¼ turn over right shoulder step right foot backward, step left foot next to right, with ¼ turn over right shoulder step right foot right
- 5-6-7-8 Step left foot forward, point right toe right, step right foot forward, point left toe left

ROCK STEP, ½ TURN SHUFFLE, SPIRAL TURN, SHUFFLE

- 1-2-3&4 Rock left foot forward, recover on to right, with ¼ turn over left shoulder step left foot backward, step right foot next to left, with ¼ turn over left shoulder step left foot left
- 5-6 Step right foot forward making full turn over left shoulder and hooking left foot over right
- 7&8 Step left foot forward, step right foot next to left, step left foot forward bending knees and raising arms up and in front of you

FINISH

Bend knees and raise arms in front of you, at count 16 in Part C
