

Don't Force It

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Dave Munro (UK)

Musik: Don't Push It Don't Force It - Leon Haywood



RIGHT KICKBALL-POINT LEFT, LEFT SAILOR ¼ TURN, RIGHT KICK-ROCK-RECOVER, RIGHT 3 COUNT JAZZ BOX

- 1&2 Kick right forward, step on ball of right foot, point left toe to left side
- 3&4 Step left behind right, step right in place turn ¼ left, step left in place
- 5&6 Kick right forward left diagonal, rock right to right side, recover onto left in place
- 7&8 Cross right over left, step left back, step right to right side (facing 9:00)

¼ HINGE RIGHT, ½ HINGE RIGHT, LEFT SIDE SHUFFLE, ½ HINGE LEFT, ½ HINGE LEFT, RIGHT SIDE SHUFFLE

- 1 Pivot on right foot ¼ turn right stepping left to left side
- 2 Pivot on left foot ½ turn over right shoulder stepping right to right side
- 3&4 Step left to left side, step right next to left, step left to left side
- 5 Pivot on left foot ½ turn left stepping right to right side
- 6 Pivot on right foot ½ turn over left shoulder stepping left to left side
- 7&8 Step right to right side, step left next to right, step right to right side (face 6:00)

CROSS LEFT BEHIND UNWIND ¾, STEP ¼ LEFT, LEFT HEEL TAP, 3 COUNT LEFT VINE, KICK BALL CROSS. UNWIND ½ RIGHT

- 1-2 Cross left behind right unwind ¾ left, stepping onto left
- 3 Right step forward ¼ turn left
- 4 Left heel tap in place
- 5-6& Step left to left, step right behind left, step left to left
- 7&8& Kick right forward, step right next to left, cross left in front of right, unwind ½ right (facing 12:00)

2 HIP BUMPS, LEFT BACK-ROCK ¼ STEP BACK, RIGHT SIDE-ROCK STEP BACK, LEFT BACK COASTER

- 1&2& With weight on right, bump hip left, recover, bump hip left, recover
- 3&4 Rock left back, recover onto right pivot ¼ turn left, step left back
- 5&6 Rock right to right side, recover onto left, step right back
- 7&8 Step left back, step right next to left, step left forward (facing 9:00)

REPEAT
