

Downbound Train

Count: 64

Wand: 4

Ebene: Intermediate

Choreograf/in: DJ Dan (NL) & Wynette Miller (NL)

Musik: Downbound Train - Raul Malo



Start on the word "JOB"

WALK RIGHT / LEFT, SHUFFLE, ROCK STEP, COASTER STEP

- 1-2 Step right forward, step left forward
- 3&4 Shuffle forward stepping right, left, right
- 5-6 Rock left forward, recover weight onto right
- 7&8 Step left back, step right next to left, step left forward

STEP, ½ PIVOT, SHUFFLE, ROCK STEP, COASTER CROSS

- 1-2 Step right forward, pivot ½ turn left (6:00)
- 3&4 Shuffle forward stepping right, left, right
- 5-6 Rock left forward, recover weight onto right
- 7&8 Step left back, step right next to left, cross left over right

SIDE ROCK & STEP, SIDE ROCK & STEP, ROCK STEP, SHUFFLE ½ TURN RIGHT

- 1&2 Rock right to right side, recover weight onto left, step right forward
- 3&4 Rock left to left side, recover weight onto right, step left forward
- 5-6 Rock right forward, recover weight onto left
- 7&8 Shuffle ½ turn right stepping right, left, right (12:00)

SIDE ROCK & STEP, SIDE ROCK & STEP, ROCK STEP, SHUFFLE ½ TURN LEFT

- 1&2 Rock left to left side, recover weight onto right, step left forward
- 3&4 Rock right to right side, recover weight onto left, step right forward
- 5-6 Rock left forward, recover weight onto right
- 7&8 Shuffle ½ turn left stepping left, right, left (6:00)

¼ TURN SIDE ROCK, BEHIND-SIDE-CROSS, SIDE ROCK, BEHIND-SIDE-CROSS

- 1-2 Make ¼ turn left rock right to right side, recover weight onto left (3:00)
- 3&4 Cross right behind left, step left to left side, cross right over left
- 5-6 Rock left to left side, recover weight onto right
- 7&8 Cross left behind right, step right to right side, cross left over right

SIDE, BEHIND, HEEL JACK & CROSS, RIGHT & LEFT

- 1-2 Step right to right, cross left behind right
- &3 Step right diagonally back, touch left heel diagonally forward
- &4 Step left next to right, cross right over left
- 5-6 Step left to left, cross right behind left
- &7 Step left diagonally back, touch right heel diagonally forward
- &8 Step right next to left, cross left over right

SIDE, TOGETHER, CROSS SHUFFLE, RIGHT & LEFT

- 1-2 Step right to right side, step left next to right
- 3&4 Cross right over left, step left to left side, cross right over left
- 5-6 Step left to left side, step right next to left
- 7&8 Cross left over right, step right to right side, cross left over right

HEEL BALL CROSS, SIDE ROCK, JAZZ BOX

1&2 Touch right heel diagonally forward, step right next to left, cross left over right
3-4 Rock right to right side, recover weight onto left
5-8 Cross right over left, step left back, step right to right side, step left forward

REPEAT

TAG

After the first and second wall

WALK RIGHT / LEFT, SHUFFLE, ROCK STEP, COASTER STEP, STEP, ½ PIVOT, WALK RIGHT / LEFT

1-2 Step right forward, step left forward
3&4 Shuffle forward stepping right, left, right
5-6 Rock left forward, recover weight onto right
7&8 Step left back, step right next to left, step left forward
9-10 Step right forward, pivot ½ turn left
11-12 Step right forward, step left forward (9:00)
