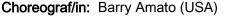
# **Double Dutch**

**Count:** 40

Ebene: Intermediate



Musik: West of Crazy - Lisa Brokop

## SAILOR SHUFFLE TWICE (LEFT THEN RIGHT LEAD), "DOUBLE DUTCH" SHUFFLE TWICE (LEFT THEN RIGHT LEAD)

- 1&2 Step left foot crossed behind right foot, step right foot to right side, step left foot back to center
- 3&4 Step right foot crossed behind left foot, step left foot to left side, step right foot back to center
- 5&6 Cross-step left foot over right foot turning ¼ to right, rock back on right foot, step left foot home turning ¼ left (facing front)
- 7&8 Cross-step right foot over left foot turning ¼ to left, rock back on left foot, step right foot home turning ¼ right (facing front)

### OUT-OUT, CLAP, IN-IN, CLAP, PRANCE FORWARD RIGHT-LEFT-RIGHT-LEFT

&1-2 Step left foot to left, stap right foot to right, hold and clap hands

**Wand:** 1

- &3-4 Step left foot to center, tap right foot next to left foot, hold and clap hands
- 5-7 Prance forward right-left-right (with attitude, lifting knee with each step)
- 8 Prance forward touching left foot to floor (weight remains on right foot)

#### BACK SHUFFLES LEFT-RIGHT-LEFT, RIGHT-LEFT-RIGHT, ½ PIVOT TO RIGHT TWICE

- 1&2 Back shuffle left-right-left
- 3&4 Back shuffle right-left-right
- 5-6 Step left foot forward, pivot ½ to right on left foot and step down on right foot (right foot is forward)
- 7-8 Repeat steps 5-6

#### BALL-STEP, HOLD, BALL-STEP, TOUCH, TO THE LEFT HIP ROLLS TWICE

- &1-2 Slide ball of left foot behind right foot, step right foot forward, hold
- &3-4 Slide ball of left foot behind right foot, step right foot forward, touch left foot forward
- 5-6 Roll hips in a circle to the left changing weight to left foot then right foot
- 7-8 Roll hips in a circle to the left changing weight to left foot then right foot

#### 1/2 PIVOT TO RIGHT TWICE, SIDE, SWITCH SIDE, SWITCH FRONT, TOUCH LEFT TOGETHER

- 1-2 Step left foot forward, pivot ½ to right on left foot and step down on right foot (right foot is forward)
- 3-4Repeat steps 1-2
- 5-6 Tap left foot to left side, step left foot to center and tap right foot to right side
- 7-8 Step right foot to center and touch left heel forward, touch left toe next to right foot

#### REPEAT

When danced to "I Saw The Light" by Hal Ketchum, dance the last 8 counts only on walls 3, 6, and 9. This becomes the dance we call "Light On Your Feet".



