

# Double Dizzy (P)

Count: 32

Wand: 4

Ebene: Improver partner dance

Choreograf/in: Larry Boezeman (USA) & Terri Boezeman (USA)

Musik: Dizzy - Scooter Lee



**Position: Closed position**

Adapted from line dance Dizzy choreographed by Jo Thompson

This is the man's footwork only. The lady will do Dizzy the line dance

## ROCK STEP, COASTER STEP, ROCK FORWARD, ROCK BACK

- 1-2 Rock back on left, recover right
- 3&4 Step forward on left, step together with right, step back on left
- 5-6 Rock back on right, recover on left. (lead lady in full underarm turn with left hand)
- 7-8 Rock forward on right, recover on left. (return to closed position)

## CROSS, SIDE, SAILOR SHUFFLE, CROSS, SIDE, SAILOR SHUFFLE

- 1-2 Step right across left, step left to left side
- 3&4 Step right behind left, step left to side, step forward on left
- 5-6 Step left across right, step right to right side
- 7&8 Step left behind right, step right to side, step forward on right

## CROSS, SIDE, SHUFFLE BACK. FREE SPIN

- 1-2 Step right across left, step left to left side, turning  $\frac{1}{4}$  turn to the right. (open position, single hand hold, man's left hand ladies right hand)
- 3&4 Shuffle back right, left, right
- 5-6 Rock back on left, recover right. (release hands)
- 7-8 Pivot  $\frac{1}{2}$  turn to the right on right while stepping back on left. Pivot  $\frac{1}{2}$  turn to the right on left while stepping forward on right. (rejoin hands)

## SHUFFLE FORWARD, STEP $\frac{1}{2}$ TURN, SHUFFLE FORWARD, ROCK STEP

- 1&2 Shuffle forward left, right, left
  - 3-4 Step forward on right, pivot  $\frac{1}{2}$  turn to the left shifting weight to left
- Man's left hand & ladies right hand still joined**
- 5&6 Shuffle forward right, left, right
  - 7-8 Rock forward on left, recover right. (return to closed position)

**REPEAT**

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