8 Second Ride

REPEAT



Count: 40 Wand: 4 Ebene: Advanced

Choreograf/in: Ron Kelly (USA) & Matt Tout (USA)

Musik: Summertime Blues - Alan Jackson



1-4	With weight on left, stomp right foot beside left four times
1-2	Step right to the right; kick side left with left
3-4	Step down on left beside right foot; kick side right with right foot
5-6	Step down on right beside left; kick side left with left foot
7-8	Step down on left as you pivot ¼ turn to right; kick forward with right foot
&	Step next to left on right
1-2	Right foot takes place of left as left kicks back; kick forward with left
3-4	Kick back with left; pivot ½ turn to left side on right, kick again with left
5-6	Kick back with left; pivot ½ turn to left side on right, kick again with left
7-8	Step behind right with instep of left foot (third position); right foot crosses over left as you turn $\frac{1}{4}$ left
1-4	Turn slowly full turn; stomp right next to left on count 4
1-2	Bump hips right twice
3-4	Bump hips left twice
1-2	Step back on right; pivot ½ turn on right foot to left side step down on left foot
3-4	Put hands on thighs and bend knees (like a squat); come up from knee bend and heel touch to right with right heel
5-6	Step side right with right foot; pivot ½ turn on right foot to left side, step on left foot
7-8	Pivot $\frac{1}{2}$ turn on left foot to left side, step on right foot; pivot $\frac{3}{4}$ turn on right foot to left side, step on left foot
1-2	Scuff forward on right; step down on right
3-4	Scuff forward on left; step down on left