

# (Dying Inside) To Hold You!

**COPPER** **KNOB**  
BY STEPHENETS

Count: 0

Wand: 2

Ebene: Improver

Choreograf/in: Elke Weinberger (NL)

Musik: (Dying Inside) To Hold You - Timmy Thomas



Sequence: A, B, A, B, B, A (1-32), Tag, B, B

There are several versions of this song. This choreography is stipulated to the Heartbreak Radio Version whose soundtrack duration is about 3:40 long. The soundtrack kicks in with heavy beats at time 00:14. Start dance after 32 counts (slightly just before vocals) at time-track 00:33

## PART A (VERSE)

### FORWARD STEP-TOUCH, BACK STEP-TOUCH, OUT-OUT-IN-BEHIND (SHIMMYING SHOULDERS), UNWIND ½ RIGHT TURN (SHIMMYING SHOULDERS)

- 1-4 Step left forward, touch right toe beside left, step right back, touch left toe beside right  
&5&6 Step left to left, step right to right (out-out) (feet shoulder width apart), step left towards right, step right behind left (shimmy shoulders throughout)  
7-8 Unwind ½ turn right over 2 counts (shimmy shoulders throughout) (weight ends on left)

### FORWARD STEP-TOUCH, BACK STEP-TOUCH, OUT-OUT-IN-CROSS (SHIMMYING SHOULDERS), UNWIND ½ RIGHT TURN (SHIMMYING SHOULDERS)

- 9-12 Step right forward, touch left toe beside left, step left back, touch right toe beside left  
&13&14 Step right to right, step left to left (out-out) (feet shoulder width apart), step right towards left, cross step left over right (shimmying shoulders throughout)  
15-16 Unwind ½ turn right over 2 counts (shimmying shoulders throughout) (weight ends on left)

### SIDE, BEHIND ROCK, RECOVER, SIDE, BEHIND ROCK, RECOVER, SIDE STEP, HOLD, FULL LEFT TURN ROLLING STEPS

- 17-18& Step right to right, rock left behind right, recover weight onto right  
19-20& Step left to left, rock right behind left, recover weight onto left  
21-22 Step right to right, hold  
&23-24 Execute a ½ turn left & step left to left, execute ½ turn left & step right to right, step left beside right

You should now have made a full turn left traveling towards right wall

### HIP BUMPS, HIP ROLL, BACK STEPS, BACK ROCK, RECOVER, ½ LEFT HINGE TURN, COASTER STEP

- 25-26 Step right forward and bump hips sharply forward, bump hips sharply back onto left  
27&28 Roll hips to the left, quickly step right beside left, step left back (small step)  
29-30 Rock right back, recover on left  
31&32 Execute ½ turn left and step right back, step left beside right, step right forward

### KICK-BALL-SIDE ROCK- RECOVER, KICK-BALL-SIDE ROCK-RECOVER, BEHIND TOUCH, UNWIND ½ TURN LEFT, FORWARD SHUFFLE

- 33&34& Kick left forward, step left beside right, rock right to right, recover weight onto left  
35&36& Kick right forward, step right beside left, rock left to left, recover weight onto right  
37-38 Touch left toe behind right, unwind ½ turn left (taking weight onto left)  
39&40 Step right forward, step left beside right, step right forward

### PIVOT ½ RIGHT TURN, FORWARD SHUFFLE, FORWARD ROCK, RECOVER, ½ RIGHT TURN, FORWARD SHUFFLE

- 41-42 Step left forward, pivot ½ turn right (weight ends of right)  
43&44 Step left forward, step right beside left, step left forward  
45-46 Rock right forward, recover weight onto left  
47&48 Execute ½ right turn and step right forward, step left beside right, step right forward

## **CROSS OVER BREAKS, ARM PUNCHES WITH SNAPS, LOOK RIGHT & CENTER**

- 49&50 Cross rock left over right, recover weight onto right, step left to left  
51&52 Cross rock right over left, recover weight onto left, step right to right  
53 Punch left arm across body towards right diagonal & snap fingers  
54 Punch left arm now towards left diagonal & snap fingers  
55 Place left palm in front of left hip & turn head to look right  
56 Return head to look center as you now press right palm against right ear

**(Remain left palm on left hip. Also, for better styling, push left hip left and lift right heel up with right knee bent as though in a 'sitting' position)**

## **PART B (CHORUS)**

### **FUNKY HIP ROLLS**

- 1-4 Keeping left palm on left hip & right palm pressing against right ear, roll 4 hip rolls to the left. Make it funky by dipping body gradually down and then straightening up

### **CROSS ROCK BREAKS WITH ARM SWINGS AND SNAPS**

- 5&6& Cross rock right over left, recover weight onto left, step right to right, recover weight onto left  
7&8 Cross rock right over left, recover weight onto left, step right to right  
9&10& Cross rock left over right, recover weight onto right, step left to left, recover weight onto right  
11&12 Cross rock left over right, recover weight onto right, step left to left

**Swing both arms forward & snap fingers on the cross rocks on counts 5,7,9,11. Swing both arms back & snap fingers on the side steps on counts 6,8,10,12**

### **PIVOT ½ LEFT TURN, ½ RIGHT MONTEREY TURN, SIDE TOUCH**

- 13-14 Step right forward, pivot ½ left turn (weight ends on left)  
15&16 Touch right to right, execute ½ turn right and step right beside left, touch left to left

### **SAILOR STEPS, PIVOT FULL RIGHT TURN, BACK SHUFFLE**

- 17&18 Step left behind right, step right to right, step left to left  
19&20 Step right behind left, step left to left, step right to right  
21-22 Step left forward, pivot ½ turn right (weight ends on right)  
23&24 Continue to turn a further ½ right and step left back, step right beside left, step left back

### **SAILOR ½ RIGHT TURN, CROSS SHUFFLE, SYNCOPATED VINE, SIDE STEP LOOK RIGHT & CENTER**

- 25&26 Step right behind left, execute ½ turn right & step left to left, step right to right  
27&28 Cross step left over right, step right to right, cross step left over right  
29&30 Step right to right, step left behind right, step right to right  
31 Place left palm in front of left hip & turn head to look right  
32 Return head to look center as you now press right palm against right ear

**(Remain left palm on left hip. Also, for better styling, push left hip left and lift right heel up with right knee bent as though in a 'sitting' position)**

- & (Applies only when the next step commences on the verse section) drop both arms, recover weight onto right, straightening body upright

## **TAG**

### **ARM PUNCHES WITH SNAPS, LOOK RIGHT & CENTER**

- 1 Punch left arm across body towards right diagonal & snap fingers  
2 Punch left arm now towards left diagonal & snap fingers  
3 Place left palm in front of left hip & turn head to look right  
4 Return head to look center as you now press right palm against right ear

**(Remain left palm on left hip. Also, for better styling, push left hip left and lift right heel up with right knee bent as though in a 'sitting' position)**

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