# **Drop The Heat**



Count: 32 Wand: 4 Ebene: Intermediate/Advanced

Choreograf/in: Guyton Mundy (USA)

Musik: Drop That Heater - Omarion



# 1/4 CROSS AND CROSS, 3/4 TURN TO LEFT, WALK BACKS, 1/2 TURN OUT AND OUT

While making a ¼ turn to left, cross left over right, step right to right side, cross left over right

Step back on right while making a ¼ turn to left, step together left while making a ¼ turn to

the left, step back on right making a 1/4 turn to the left

5&6 Walk straight back left-right-left

7&8 While making a ½ turn right step forward on right, step left to left side, step right to right side

### LEFT COASTER, 1/4 TURN ROCK AND CROSS, 1/2 TURN SAILOR WITH ARMS, HITCH

1&2 Step back on left, step together with right, step forward on left

While making a ¼ turn to the left, rock right to right side, recover left, cross right over left

Step back on left, making a ¼ turn to the right, step together with right while making a ¼ turn

to the right, step forward on left

Arm styling:

5 Place right arm out in front with closed fist

& Place left arm out slightly above the right, with closed fist

6 Hit top of right fist with bottom of left fist

& Hitch right knee while hitting with the right fist

7 Step down on right foot while hitting the bottom of left fist with top of right fist

& Lift left fist slightly on angle away from right

8 Pop right shoulder up as left shoulder goes down, hitch left knee slightly while looking to the

left

### STEP CROSS STEP, ½ TURN SAILOR, SYNCOPATED JAZZ WITH DRAG, WEAVE

1&2 Step left to left side, cross right over left, step left to left side

3&4 Step back on right making a ¼ turn to the right, step together with left while making a ¼ turn

to the right, step forward on right

5&6 Cross left over right, step back on right, take a big side step to left with left while dragging the

right in

7&8 Step right behind left, step left to left side, cross right over left

# HITCH WITH SHOULDER SHRUGS, SIDE STEP, SAILOR, ROCK/RECOVER WITH HALF CHASSE TURN

1&2 Hitch left up, step left to left side (while rocking shoulders left-right-left)
 3&4 Step right behind left, step together with left, step forward on right

Rock forward on left, recover on right, make a ½ turn to left stepping forward on left

7&8 Step forward on right, ½ turn pivot to left stepping on left, step forward on right

### **REPEAT**