

Count: 48 Wand: 4 Ebene:

Choreograf/in: Tina Hebert (USA)

Musik: 40 Days and 40 Nights - Tim McGraw



FORWARD, 1/4 TURN, ROCK BACK AND 3/4 TURN

Step forward on fight 100	1	Step forward	on right foo
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- 2 Step forward on left foot turning ¼ to the right (left side will be facing original wall)
- Rock weight back to right footCross left foot behind right foot
- 5-6 Turn ¾ to the right ending up with feet together facing original wall on count of 6

STEP APART AND BACK TOGETHER

&7	Step left foot to left and then right foot to right ending up with feet spread apart
&8	Step left foot to right and then right foot to left ending up with feet back together

&1 Repeat &7 above &2 Repeat &8 above

RIGHT/LEFT TOE TOUCHES, SLAP, AND DIP/TWIST ON LEFT

3	Touch right toe to 3 o'clock position
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- Feet back together then touch left toe to 9 o'clock position
 Feet back together then touch right toe to 3 o'clock position
- 6 Raise right foot behind and slap with right hand
- 7 Touch forward with right foot keeping weight on left foot
- 8 Stoop down and up on left leg (good place for style like a shoulder and body twist while doing

this dip move)

Count 8 is a bounce or dip type move with style thrown in. It occurs on one count, but could also be written by breaking it down into a downward movement on &, followed by an upward movement on 8.

STEP OUT AND OVER

1	Shift weight forward	to right foot

- 2 Touch left toe to 10 o'clock position (weight still on right foot)
- 3 Cross left foot in front of right
- 4 Touch right toe to 2 o'clock position
- 5 Cross right foot in front of left
- 6 Touch left toe to 10 o'clock position

FULL TURN WITH LEFT LEG OUT

- 7 Place left toe behind right foot and begin turning to right for full turn
- 8 Be ³/₄ through with turn on this count
- 1 Extend left leg to far left at end of turn
- 2 Drag left leg back

ELVIS KNEES, HEEL TOUCHES, 1/2 PIVOT TURN

- 3 Left elvis knee (lift left heel keeping toe in place while bending the left knee in front of the
 - right knee)
- 4 Right elvis knee (reverse of above)
- 5 Touch right heel forward
- &6 Bring right foot back together then left heel forward
- &7 Bring left foot back together then step forward on right foot
- 8 Pivot ½ turn to left (facing back wall)

FULL PIVOT TURN, DIP, AND ELVIS KNEES

Step right foot forward
Pivot ½ to the left
Pivot ½ to the right

4 Dip down

5-6 Rise up while dragging left foot back together slowly (2 counts)

7 Right Elvis knee8 Left Elvis knee

At count 1, a forward step on the right foot will extend the legs one pace apart The pivots of counts 2 and 3 occur on the balls of the feet and thus, the distance between the left and right leg established in count 1 is maintained. Then, on counts 5 and 6, the left foot is brought slowly together with the right foot. Counts 3 and 4 above are sometimes combined by bending at the waist on count 3 while pivoting ½ to the right.

STEP LEFT, KICK AND TURNING SHUFFLE TO RIGHT, SAILOR SHUFFLE

1 Step left foot forward to 10 o'clock

2 Kick right to 10 o'clock

Right, left, right spin around to the right ¾ turn to new wall

5&6 Left sailor move

FINAL STOMPS

7 Stomp right8 Stomp left

REPEAT