

# Expressions (P)

Count: 80

Wand: 0

Ebene: Partner

Choreograf/in: Isabel Wilkie (UK)

Musik: The Vertical Expression (Of Horizontal Desire) - The Bellamy Brothers



**Position: Closed Western Position man facing LOD. Change of Step for man on Beats 26 & 74. Partners start on opposite feet**

1-2            **MAN:** Rock forward on left, rock back on right  
**LADY:** Rock back on right, rock forward on left

3&4           **MAN:** Left shuffle back left, right, left  
**LADY:** Right shuffle forward, right, left, right

5-6           **MAN:** Rock back on right, rock forward on left  
**LADY:** Rock forward on left, rock back on right

7&8           **MAN:** Right shuffle forward, right, left, right

**Release man's right hand, lady's left**

**LADY:** Left shuffle back left, right, left

9-10          **MAN:** Rock out on left, rock onto right with  $\frac{1}{4}$  turn left  
**LADY:** Rock out on right, rock onto left with  $\frac{1}{4}$  turn right

11&12       **MAN:** Left shuffle forward, left, right, left

**Release hands**

**LADY:** Right shuffle forward, right, left, right

13-14       **MAN:** Step forward on right, pivot  $\frac{1}{2}$  turn left  
**LADY:** Step forward on left, pivot  $\frac{1}{2}$  turn right

15&16       **MAN:** Right shuffle forward, right, left, right

**Rejoin both hands**

**LADY:** Left shuffle forward, left, right, left

17-18       **MAN:**  $\frac{1}{4}$  Turn to face lady, rocking back on left, rock forward on right  
**LADY:**  $\frac{1}{4}$  Turn left to face man, rocking back on right, rock forward on left

19&20       **MAN:** Left shuffle forward, left, right, left, into closed western

**Closed western position, man facing LOD**

**LADY:** Right shuffle forward, right, left, right, into closed western

**Lady RLOD**

21-22       **MAN:** Rock back on right, rock forward on left  
**LADY:** Rock forward on left, rock back on right

23&24       **MAN:** Right shuffle forward, right, left, right  
**LADY:** Left shuffle back left, right, left

**Raise mans right hand, lady's left, lady turns left under raised hands, man as your lady turns, mans right hand holds lady's left at waist height - lead your lady to your right side & lower your raised hands to end in side by side by side wrap. Step change for man on 26**

25-26       **MAN:** Rock forward on left, touch right toe next to left  
**LADY:** Rock back on right, rock forward on left

27&28       **MAN:** Right shuffle back right, left, right  
**LADY:** Right shuffle turning  $\frac{1}{2}$  turn left right, left right

29-30       BOTH: Rock back on left, rock forward on right

31&32       Left shuffle forward, left, right, left

33-34       Rock forward on right, rock back on left

35&36       Right shuffle back

**Raise hands, release hands above head rejoin in sweetheart**

37-38       **MAN:** Rock back on left, rock forward on right  
**LADY:** Step left  $\frac{1}{2}$  turn right, step right  $\frac{1}{2}$  turn right

39&40      **MAN:** Left shuffle back left, right, left  
              **LADY:** Left shuffle back left, right, left in Sweetheart Position  
41-42      Walk forward right, left  
43&44      Right shuffle forward, right, left, right  
45-46      Cross left over right, step back on right  
47&48      Side shuffle to left left, right, left

49-50      Cross right over left, step back on left  
51&52      Side shuffle right turning  $\frac{1}{4}$  turn right

**Man behind lady in Indian Position**

53-54      Walk forward left, right  
55&56      Left shuffle forward

57-58      Rock forward on right, rock back on left  
59&60      Right shuffle back  
61-62      Rock back on left, rock forward on right  
63&64      Left shuffle forward

65-66      Step forward right, step forward left turning  $\frac{1}{4}$  left to face LOD  
67&68      Right shuffle forward, right, left, right  
69-70      Walk forward left, right  
71&72      Left shuffle forward

**Raise hands as you turn you release lady's hands and rejoin in closed western**

**Step change for man on count 74 to change back to opposite feet. As you turn lady 1  $\frac{1}{2}$  turns left, lead lady into Closed Western Position**

73-74      **MAN:** Walk forward right, touch left next to right  
              **LADY:** Step right turning  $\frac{1}{2}$  left, step left turning  $\frac{1}{2}$  left  
75&76      **MAN:** Left shuffle in place  
              **LADY:** Right shuffle turning  $\frac{1}{2}$  turn left  
77-78      **MAN:** Walk forward right, left  
              **LADY:** Walk forward left, right  
79&80      **MAN:** Right shuffle forward, right, left, right  
              **LADY:** Left shuffle back, left, right, left

**REPEAT**

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