Express Yourself

Count: 32	**Wand:** 2	**Ebene:** Intermediate	

Choreograf/in: Jodee Shadinger (USA)

Musik: Express Yourself - Madonna

This dance won 1st place in Non-Country Inter/Advance New Choreography and 1st place in overall New Choreography in November 2001 at the Las Vegas Country Western Dance Finale

TOUCH TOE RIGHT; ½ TURN RIGHT; TOUCH TOE RIGHT; KICK AND TOUCH; SWING KNEE; BUMP HIPS TWICE

1&2	Touch right toe to right side; turn ½ turn to right (weight stays on left); touch right toe to right side
3&4	Kick right foot forward; step right next to left; touch left toe to left side
5-6	Roll left knee in and around to the left (turn ¼ turn left as you do so)
&7&8	Bump hips forward; bump hips back; bump hips forward; bump hips back

LEFT SHUFFLE; PIVOT AND TOUCH; RIGHT SHUFFLE; PIVOT AND TOUCH

1&2	Step left foot forward; step right next to left; step left foot forward
3&4	Step right foot forward; pivot ½ turn left (weight ending on left); touch right toe forward
5&6	Step right foot forward; step left next to right; step right foot forward
7&8	Step left foot forward; pivot ½ turn right (weight ending on right); touch left toe forward

RAISE LEFT LEG WITH ¼ TURN; VINE RIGHT; ROCK STEP; CROSS; UNWIND; WALK; WALK

1-2	Slightly raise straight left leg to left side doing a ¼ turn right; cross left behind right
&3-4	Step right to right side; rock left across right; replace weight to right
&5-6	Step left next to right; cross right over left; unwind ½ turn left (weight ending on left)
7-8	Step right foot forward; step left foot forward (slightly in front of right)

ROCK FORWARD; REPLACE; FULL TURN; COASTER STEP; CROSS LEFT OVER RIGHT; UNWIND

1-2	Rock forward on right; rock back on left
3-4	Step back on right turning ½ turn right; step forward on left turning ½ turn right
5&6	Step back on right; step left next to right; step forward on right
7-8	Cross left over right; unwind ½ turn right (weight ending on left)

REPEAT