

Excitable Cowboy

Count: 40

Wand: 4

Ebene:

Choreograf/in: Peter Metelnick (UK)

Musik: Excitable Boy - Tracy Lawrence



ROCK FORWARD, BACK, FORWARD, JUMP APART, TOGETHER

- 1-2 Step right foot forward and rock forward, recover on left foot
- 3-4 Step right foot back and rock back, recover on left foot
- 5-6 Step right foot forward and rock forward, recover on left foot
- 7-8 Jump feet apart, jump feet together (weight on left foot)

WEAVE LEFT 6, STOMP RIGHT TWICE

- 1-2 Cross right foot over left, step left foot to left side
- 3-4 Cross right foot behind left, step left foot to left side
- 5-6 Cross right foot over left, step left foot to left side
- 7-8 Stomp right foot together twice (weight on left foot)

ROLL 1¼ RIGHT, STRUT FORWARD TWICE

- 1-2 Step right foot to right side turning ¼ right, step on left foot turning ½ right
- 3-4 Step on right foot turning ½ right, step left foot forward
- 5-6 Step right heel forward, step down on ball of right foot
- 7-8 Step left heel forward, step down on ball of left foot

HEEL STAND, SHUFFLE BACK, LEFT COASTER STEP, CROSS OVER, BACK

- 1-2 Step right heel forward, step left heel forward (weight on left foot)
- 3&4 Step right foot back, step left foot together, step right foot back
- 5&6 Step left foot back, step right foot together, step left foot forward
- 7-8 Cross right foot over left, step back on left foot

½ RIGHT, FORWARD SHUFFLE, ROCK RECOVER, BACK SHUFFLE, ROCK RECOVER

- & Pivot ½ right on left foot
- 1&2 Step right foot forward, step left foot together, step right foot forward
- 3-4 Step left foot forward and rock forward, recover on right foot
- 5&6 Step left foot back, step right foot together, step left foot back
- 7-8 Step right foot back and rock back, recover on left foot

REPEAT
