

Ex-Ess

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Tony Wilson (USA)

Musik: (Don't Put Me In) The Ex Files (feat. Buck Owens) - The Bellamy Brothers



CROSS TOUCHES, WALK RIGHT, WALK LEFT, RIGHT KICKBALL CHANGE

- 1& Right step forward on right diagonal, left touch beside right
- 2& Left step back on left diagonal, right touch beside left
- 3& Right step to right side, left touch beside right
- 4 Left step forward on left diagonal
- 5-6 Right walk forward, left walk forward
- 7&8 Right kick forward, right step beside left, left step in place

½ TURN LEFT, SHUFFLE RIGHT-LEFT-RIGHT, X TOUCHES

- 1-2 Right step forward, pivot turn ½ left
- 3&4 Right step forward, left close to right, right step forward
- 5& Left step forward on left diagonal, right touch beside left
- 6& Right step back on right diagonal, left touch beside right
- 7& Left step to left side, right touch beside left
- 8 Right step forward on right diagonal

ROCK & CROSS, ROCK & CROSS, SIDE, BEHIND, ¼ TURN SHUFFLE LEFT, RIGHT, LEFT

- 1&2 Left rocking step to left side, right step slightly back, left cross in front of right
- 3&4 Right rocking step to right side, left step slightly back, right cross in front of left
- 5-6 Left step to left side, right step behind left
- 7&8 Left step to side, right close to left turning ¼ left, left step forward

½ TURN LEFT, RIGHT KICK BALL CHANGE, WALK RIGHT, LEFT, TOUCH, UNWIND ½ RIGHT

- 1-2 Right step forward, ½ pivot turn left
- 3&4 Right kick forward, right step beside left, left step in place
- 5-6 Right walk forward, left walk forward
- 7-8 Right toe touch behind left, unwind ½ turn right ending with weight on left

REPEAT
