Eternal Flame



Count: 36 Wand: 4 Ebene: Improver

Choreograf/in: The Hedgehogs (UK)

Musik: Eternal Flame - Atomic Kitten



ROCK AND CROSSES, JUMP BACK, CROSS SHUFFLE

Rock right to right, rock weight on to left, cross right over left Rock left to left, rock weight on to right, cross left over right Lump back feet shoulder width apart right, left, hold Cross right over left to left, cross right over left

ROCK STEP, TURNING SHUFFLE, ROCK STEP, COASTER STEP

9-10 Step left to left, rock weight onto right making a ¼ turn right

11&12 Make a full turn to right stepping left, right, left

Or shuffle forward left, right, left without turns

13-14 Rock right forward, rock back on left

15&16 Step back on right, step left together, step right forward

STEP PIVOT, SHUFFLE, KICK BALL STEP KICK BALL TOUCH

17-18 Step left forward, pivot ½ turn right
19&20 Shuffle forward left, right, left
218.22 Kielk right forward, step on hall of right

21&22 Kick right forward, step on ball of right next to left, step left forward Kick right forward, step on ball of right next to left, touch left backwards

HEEL SWIVELS WITH 1/2 TURN LEFT, KICK BALL STEP, KICK BALL TOUCH

&25&26 With knees slightly bent, swivel on balls of both feet to right, left, right, left

&27&28 Repeat steps &25-26

During steps & 25 to 28, you will be making a ½ turn in total to the left

29&30 Kick right forward, step on ball of right next to left, step left forward 31&32 Kick right forward, step on ball of right next to left, touch left backwards

HEEL SWIVELS WITH 1/2 TURN LEFT

With knees slightly bent, swivel on balls of both feet to right, left, right, left

&35&36 Repeat steps & 33-34

During steps & 33 to 36, you will be making a ½ turn in total to the left

REPEAT

On the heel swivels (&25-28 and &33-36), hold hands in front as if holding a guitar (left palm facing forward, right palm facing your body) and swing arms right, left, right, left in time with your heel swivels.