

Eruption

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: PJ (UK)

Musik: Volcano - Jimmy Buffett



RIGHT ROCK & CROSS, LEFT ROCKS WITH ¼ TURNS, RIGHT ROCKS WITH ¼ TURNS

- 1 Step right foot to right side rocking weight right
&2 Rock weight on to left, cross right over left
3 Pivot ¼ turn right on right foot & step left foot to left side, rocking weight left
& Rock weight right & hitch left knee (low hitch)
4 Pivot ¼ turn right on right foot & step left foot to left side, rocking weight left
& Rock weight right & hitch left knee (low hitch)
5 Pivot ¼ turn right on right foot & step left foot to left side, rocking weight left
&6 Rock weight on to right, cross left over right
7 Pivot ¼ turn left on left foot & step right foot to right side, rocking weight right
& Rock weight left & hitch right knee (low hitch)
8 Pivot ¼ turn left on left foot & step right foot to right side, rocking weight right
& Rock weight left & hitch right knee (low hitch)

RIGHT & LEFT CROSS LOCKS

- 9 Lock right over left rocking forward on to right foot (bend knees)
& Rock weight back on to left foot (straighten knees)
10 Rock weight forward on to right foot (bend knees)
11 Lock left over right rocking forward on to left foot (bend knees)
& Rock weight back on to right foot (straighten knees)
12 Rock weight forward on to left foot (bend knees)

RUNNING MAN STEPS, COASTER STEP

- &13 Slide back on left foot while hitching right knee, cross right over left
&14 Slide back on right foot while hitching left knee, cross left over right
& Slide back on left foot while hitching right knee
15&16 Step back on right foot, close left beside right, step forward on right foot

SIDE STEPS LEFT WITH HEEL SWIVELS, SAILOR CROSS, SIDE STEPS RIGHT WITH HEEL SWIVELS, SAILOR CROSS

- 17& Step left foot to left side & swivel heels left, swivel heels right
18& Swivel heels left, swivel heels right & rock weight on to right
19&20 Cross left behind right, step right foot to right side, cross left over right
21& Step right foot to right side & swivel heels right, swivel heels left
22& Swivel heels right, swivel heels left & rock weight on to left
23&24 Cross right behind left, step left foot to left side, cross right over left

WALK FORWARD, SHUFFLE ½ TURN, HEEL SWITCHES, SIDE STEP, SCOOTs FORWARD

- 25-26 Walk forward, left right
27&28 Shuffle left right left completing ½ turn right on the spot
29& Touch right heel forward, close right beside left
30&31 Touch left heel forward, close left beside right, step right foot to right side (shoulder width apart)
&32 Keeping feet shoulder width apart, scoot forward twice (on both feet)

REPEAT

