

Father And Son

Count: 0

Wand: 0

Ebene:

Choreograf/in: Glynn Rodgers (UK)

Musik: Father and Son - Cat Stevens



Sequence: AAB, ACB, ACB, AAA

Start on the word "time"

PART A

SIDE, BACK ROCK, ROLLING VINE, CROSS ROCK SIDE, WEAVE TURN

- 1-2& Step right to right side, rock back left, recover weight onto right
3&4 Make a full left traveling left stepping - left-right-left
5&6 Rock right over left, recover weight onto left, step right to right side
7& Cross left over right, step right to right side
8& Cross left behind right, turn $\frac{1}{4}$ right stepping forward right

ROCK & TURN, SWEEP TURN, WEAVE, SIDE ROCK, CROSS, TRIPLE TURN

- 1&2 Rock forward left, recover weight onto right turning $\frac{1}{2}$ left, step forward left
& Sweep right foot out to right side turning $\frac{1}{4}$ left
3&4 Cross right over left, step left to left side, cross right behind left
5&6 Rock left to left side, recover weight onto right, cross left over right
7&8 Triple $\frac{3}{4}$ turn left stepping - right-left-right

QUICK ROCK, BACK, LOCK, COASTER STEP, PIVOT TURN, TURN, SWEEP TURN, WEAVE, TOUCH

- 1& Rock forward left, recover weight onto right
2& Step back left, cross right in front on left
3&4 Step back left, close right to left, step forward left
5&6 Step forward right, pivot $\frac{1}{2}$ turn left, turn $\frac{1}{2}$ turn left stepping back right
& Sweep left foot out to left side turning $\frac{1}{4}$ left
7&8 Cross left behind right, step right to right side, touch left toe in front of right

STEP, CROSS SHUFFLE, COASTER CROSS, SWEEP, CROSS & BEHIND, SIDE, CLOSE, CROSS.

- & Step left to place
1&2 Cross right over left, step left to left side, cross right over left
3&4 Step back left, close right to left, cross left over right
& Sweep right foot out to right side
5&6 Cross right over left, step left to left side, cross right behind left
7&8 Rock left to left side, recover weight onto right, cross left over right

PART B

SIDE, CLOSE, CROSS SHUFFLE, SIDE, CLOSE, CROSS

- 1& Step right to right side, close left to right
2&3 Cross right over left, step left to left side, cross right over left
4&5 Step left to left side, close right to left, cross left over right

PART C

TRIPLE TURN, COASTER STEP, ROCKING CHAIR

- 1&2 Triple full turn on the spot stepping - right-left-right
3&4 Step back left, close right to left, step forward left
5& Rock forward right, recover weight onto left
6& Rock back right, recover weight onto left

