

# Fast Track

Count: 32

Wand: 2

Ebene: Beginner

Choreograf/in: Rosalee

Musik: Rolling in My Sweet Baby's Arms - Boxcar Willie



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## **RIGHT TOE TOUCH, STEP FORWARD; LEFT TOE TOUCH, STEP FORWARD; (REPEAT)**

- 1-2 Right toe touch to the right, step forward on right
- 3-4 Left toe touch to the left, step forward on left
- 5-6 Right toe touch to the right, step forward on right
- 7-8 Left toe touch to the left, step forward on left

## **BACK TOE HEEL STRUTS X 4 - RIGHT, LEFT, RIGHT, LEFT**

- 1-2 Right toe back, bring heel to the floor
- 3-4 Left toe back, bring heel to the floor
- 5-6 Right toe back, bring heel to the floor
- 7-8 Left toe back, bring heel to the floor

## **RIGHT VINE WITH HALF TURN AND HITCH; LEFT VINE WITH TOUCH**

- 1-2 Step right to side, cross-step left behind right
- 3-4 Step right to the side with  $\frac{1}{4}$  turn right, complete half turn and hitch left foot
- 5-6 Step left to the side, cross-step right behind left
- 7-8 Step left to the side, touch right beside left

## **PADDLE TURNS X 4**

- 1-2 Right foot step forward, pivot  $\frac{1}{4}$  turn to the left (on balls of both feet)
- 3-4 Right foot step forward, pivot  $\frac{1}{4}$  turn to the left (on balls of both feet)
- 5-6 Right foot step forward, pivot  $\frac{1}{4}$  turn to the left (on balls of both feet)
- 7-8 Right foot step forward, pivot  $\frac{1}{4}$  turn to the left (on balls of both feet)

**REPEAT**

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