

Fast Forward

Count: 40

Wand: 2

Ebene:

Choreograf/in: Mike Repko (USA)

Musik: Stomp - Michael Peterson



This dance can be done to just about any good 2-step

Alternative steps, you may stomp your foot in place of scuffs

STEP RIGHT FORWARD, SCUFF LEFT, STEP LEFT BACK, TOUCH RIGHT, VINE RIGHT, SCUFF LEFT

- 1-2 Step right foot forward, scuff left beside right
- 3-4 Step left foot back, touch right toe beside left
- 5-6 Step right to right side, cross left foot behind right
- 7-8 Step right to right side, scuff left beside right

VINE LEFT, SCUFF RIGHT, STEP RIGHT FORWARD, SCUFF LEFT, STEP LEFT BACK, TOUCH RIGHT

- 9-10 Step left to left side, cross right foot behind left
- 11-12 Step left to left side, scuff right beside left
- 13-14 Step forward right, scuff left beside right
- 15-16 Step left foot back, touch right toe beside left

STEP RIGHT FORWARD, TOUCH LEFT, LEFT HEEL FORWARD, CROSS, ¼ TURN LEFT, TOUCH RIGHT, RIGHT HEEL FORWARD, CROSS

- 17-18 Step right foot forward, touch left toe beside right
- 19-20 Touch left heel forward, cross left foot over right
- 21-22 Step left turning ¼ turn to left, touch right toe beside left
- 23-24 Touch right heel forward, cross right foot over left

VINE RIGHT, SCUFF LEFT, VINE LEFT WITH ¼ TURN LEFT, SCUFF RIGHT

- 25-26 Step right to right side, cross left foot behind right
- 27-28 Step right to right side, scuff left beside right
- 29-30 Step left to left side, cross right foot behind left
- 31-32 Step left turning ¼ turn to left, scuff right beside left

RIGHT JAZZ BOX, STEP RIGHT FORWARD, SCUFF LEFT, STEP LEFT BACK, TOUCH RIGHT

- 33-34 Cross step right over left, step left back
- 35-36 Step right to right side, step left next to right
- 37-38 Step right forward, scuff left beside right
- 39-40 Step left foot back, touch right toe beside left

REPEAT