

# Fast Back

Count: 64

Wand: 4

Ebene: Intermediate east coast swing

Choreograf/in: Dan Albro (USA)

Musik: Faster Car - Keith Urban



## TRIPLE RIGHT, LEFT, RIGHT, TRIPLE LEFT, RIGHT, LEFT, FULL TURN TO RIGHT, SHUFFLE SIDE

- 1&2 Triple right, left, right with body angled to the right  
3&4 Triple left, right, left, with body angled to the left  
5-6 Turn  $\frac{1}{4}$  right stepping forward right, turn  $\frac{1}{2}$  right stepping back left  
7&8 Turn  $\frac{1}{4}$  right, shuffling side right, left, right

## TRIPLE LEFT, RIGHT, LEFT, TRIPLE RIGHT, LEFT, RIGHT, FULL TURN TO LEFT, SHUFFLE SIDE

- 1&2 Triple left, right, left with body angled to the left  
3&4 Triple right, left, right, with body angled to the right  
5-6 Turn  $\frac{1}{4}$  left stepping forward left, turn  $\frac{1}{2}$  left stepping back right  
7&8 Turn  $\frac{1}{4}$  left shuffling side left, right, left

## JAZZ CROSS & HEEL HOLD & TOE & HEEL &

- 1-2-3-4 Cross right over left, step back left, step side right, cross left over right  
&5-6 Quickly step back on right, touch left heel angle forward, hold  
&7&8 Quickly step left toward right, touch right toe next to left, step back right, touch left heel forward  
& Step left toward right

## STEP $\frac{1}{4}$ TURN, JAZZ CROSS & HEEL HOLD &

- 1-2-3 Step forward right, pivot  $\frac{1}{4}$  left (weight on left), cross right over left  
4-5-6 Step back on left, step side right, cross left over right  
&7-8& Quickly step back on right, touch left heel forward, hold, step forward left

## WALK, WALK, WALK, SWING $\frac{1}{2}$ TURN, WALK, WALK, WALK, KICK $\frac{1}{4}$

- 1-2-3 Step forward right, step forward left, step forward right  
4 Turn  $\frac{1}{2}$  right on right swing left around  
5-6-7-8 Step forward left, step forward right, step forward left, turn  $\frac{1}{4}$  left kicking right side

## RIGHT SAILOR, LEFT SAILOR, RIGHT SAILOR $\frac{1}{4}$ TURN, STEP $\frac{1}{2}$ PIVOT

- 1&2 Cross right behind, step side left, step down on right  
3&4 Cross left behind, step side right, step down on left  
5&6 Cross right behind, turn  $\frac{1}{4}$  right stepping on left, step forward right  
7-8 Step forward left, pivot  $\frac{1}{2}$  right weighting right

## 4 TRIPLE HIP BUMPS FORWARD

- 1&2 Step forward left bumping hips left, right, left  
3&4 Step forward right bumping hips right, left, right  
5&6 Step forward left bumping hips left, right, left  
7&8 Step forward right bumping hips right, left, right

## ROCK $\frac{1}{2}$ TURN, SHUFFLE, STOMP, STOMP, HIP BUMPS

- 1-2 Rock forward left, step back on right turning  $\frac{1}{2}$ :left  
3&4 Step forward left, step right next to left, step forward left  
5-6-7&8 Stomp forward right, stamp left side (weight remains on right), bump hips left, right, left

## REPEAT

