

Folsom Prison Blues

Count: 48

Wand: 2

Ebene: Improver social cha

Choreograf/in: Michael Seurer (USA)

Musik: Folsom Prison Blues - Johnny Cash



CHA-CHA-CHA BASIC

- 1 Step forward on right foot
- 2 Rock back onto left foot
- 3&4 Cha-cha-cha(right, left, right)
- 5 Step back on left foot
- 6 Rock forward onto right foot
- 7&8 Cha-cha-cha(left, right, left)

FORWARD STEPS, ½ CHA-CHA-CHA TURN TO THE LEFT, BACK STEPS, CHA-CHA-CHA

- 9 Step forward on right foot
- 10 Step forward on left foot
- 11&12 Cha-cha-cha(right, left, right) while making a ½ turn to the left
- 13 Step back on left foot
- 14 Step back on right foot
- 15&16 Cha-cha-cha(left, right, left)

ROCK STEPS, CHA-CHA-CHA

- 17 Step back on right foot
- 18 Rock forward on left foot
- 19&20 Cha-cha-cha(right, left, right)
- 21 Step back on left foot
- 22 Rock forward on right foot
- 23&24 Cha-cha-cha(left, right, left)

FORWARD SHUFFLES

- 25&26 Forward shuffle (right, left, right)
- 27&28 Forward shuffle (left, right, left)
- 29&30 Forward shuffle (right, left, right)
- 31&32 Forward shuffle (left, right, left)

ROCK STEP, ROCK STEP, CHA-CHA-CHA

- 33 Cross right foot over in front of left and step
- 34 Rock back onto left foot
- 35 Step slightly to the right on right foot
- 36 Step in place on left foot
- 37 Cross right foot over in front of left and step
- 38 Rock back onto left foot
- 39&40 Cha-cha-cha(right, left, right)

ROCK STEP, ROCK STEP, CHA-CHA-CHA

- 41 Cross left foot over in front of right and step
- 42 Rock back onto right foot
- 43 Step slightly to the left on left foot
- 44 Step in place on right foot
- 45 Cross left foot over in front of right and step
- 46 Rock back onto right foot

47&48

Cha-cha-cha(left, right, left)

REPEAT
