

# Follow Me

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Cathryn Proudfoot (AUS)

Musik: Follow Me - Uncle Kracker



- 1-2-3&4 Point right to side, turn  $\frac{1}{2}$  turn to right, rock left to side, replace weight to right, cross left in front of right
- 5-6-7-8 Rock forward on right, replace weight back on left, turn  $\frac{1}{2}$  turn to right doing right heel strut
- 1-2-3-4 Turn full turn right moving forward stepping left back then right forward, step forward diagonally on left bumping hips to left, bump hips back to right
- 5&6-7-8 Bump hips left-right-left, rock forward on right, replace weight back on left
- 1-2-3-4& Turn  $\frac{1}{2}$  turn right stepping right forward, turn  $\frac{1}{2}$  turn right stepping left back, turn  $\frac{1}{4}$  turn right stepping right to side, step left across in front of right, step right to side
- 5-6-7-8 Replace weight to left, step right across in front of left, step left to side, replace weight back to right
- 1&2-3-4 Left sailor step: step left behind right, step right to side, step left forward, step forward on right, pivot  $\frac{1}{2}$  turn to left transferring weight forward on left
- 5&6-7&8 Step right forward slightly in front of left, twist both heels out & in rising slightly up on toes ending with weight on right, step left forward slightly in front of right, twist both heels out & in rising slightly up on toes ending with weight on left

## REPEAT

## FINISH

To finish dance you are dancing the first four beats, on the side rock, cross, do a  $\frac{1}{4}$  turn right to face the front

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