

Follow Me

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Bob Bonett (USA)

Musik: Follow Me - Uncle Kracker



STEP WITH BUMPS, STEP WITH BUMPS, ROCK RECOVER ½ TURN SHUFFLE

- 1&2 Step forward on right bump hips right left right
- 3&4 Step forward left bump hips left right left
- 5-6 Rock forward on right, recover on left
- 7&8 ½ turn shuffle to right turning right left right

CROSS STEP SAILOR, STEP TURN ½, SIDE SHUFFLE

- 9-10 Cross left over right, step right to side
- 11&12 Step left behind right, step right to side, step left to side
- 13-14 Cross right over left, step left turning ¼ to right
- 15&16 ¼ turn shuffle to right turning right left right

ROCK, RECOVER, COASTER, STEP ¼ TURN CROSS SHUFFLE

- 17-18 Rock forward on left, recover on right
- 19&20 Step back on left step together right step forward on left
- 21-22 Step forward on right turn ¼ to left
- 23&24 Cross right over left, step left to side cross right over left

SIDE SHUFFLE, ½ TURN SIDE SHUFFLE, WALK, WALK, FORWARD SHUFFLE

- 25&26 Side shuffle to left (left, right, left)
- 27&28 Turn ½ turn to right shuffle to side right left right
- 29-30 Walk forward left, right
- 31&32 Shuffle forward (left, right, left)

REPEAT
