Follow Me

Count: 32	**Wand:** 1	**Ebene:** Intermediate	

Choreograf/in: Shanie Tracey

Musik: Follow Me - Uncle Kracker

RIGHT, ROCK, STEP, CROSS / LEFT, ROCK, STEP, CROSS / RIGHT, LEG SWINGS / RIGHT, STEP DRAG, STEP

1&2	Rock right, foot to right, side, recover on left, cross right, foot across left, foot
3&4	Rock left, foot to left, side, recover on right, cross left, foot across right, foot
5&6	Swing right, leg across left, knee, swing right, leg out to right, side & left, again (left, right, left)
7&8	Step diagonal with right, foot, drag left, foot, step diagonal with right, foot

LEFT, LEG SWINGS / LEFT, STEP, DRAG, STEP / RIGHT, KICK, BALL-TOUCH, CROSS, UNWIND

1&2	Swing left, leg across right, knee, swing left, leg out to left, side & right, again (right, left, right)
3&4	Step diagonal with left, foot, drag right, foot, step diagonal with left, foot
5&6	Kick right, foot forward, & land on right, ball of foot & touch left, foot beside right
7&8	Cross left, foot over right, & unwind ½ turn to the right, weight ending on right, foot

RIGHT, KICK-BALL-TOUCH & CROSS, UNWIND / RIGHT, BACKWARD, COASTER / LEFT, SCUFF, HOP, STEP

1&2	Kick right, foot forward, & land on right, ball of foot & touch left, foot beside right
3&4	Cross left, foot over right, & unwind ½ turn to the right, weight ending on right, foot
5&6	Step right foot back, step left foot together, step right foot forward
7&8	Scuff left, foot forward, hop forward, on right, foot & step forward, on left, foot

RIGHT, LEG SWINGS WITH HEEL SLAPS / HEEL SWIVELS LEFT,, HEEL SWIVELS RIGHT

1&2	Touch right, heel forward, hook right, foot in front of left, knee (tapping right, heel with left, hand), touch right, heel forward
&3&4	Touch right, heel out to right, side (tapping right, heel with right, hand), touch right, forward, hook right, foot in front of left, knee (tapping right, heel with left, hand), touch right, forward
5&6	Swivel heels right, then left, then right
7&8	Swivel heels left, then right, then left

REPEAT