

Flowing Waters

Count: 56

Wand: 2

Ebene: Improver

Choreograf/in: Theresa Needham (UK)

Musik: Banks of the Ohio - Olivia Newton-John



WALK, WALK, WALK, KICK, STEP, TOUCH, STEP, TOUCH

1-4 Walk forward right, left, right, kick left foot forward

5-8 Step back on left, touch right across left, step forward on right, touch left next to right

STEP BACK SIDE CROSS HOLD TWICE

1-4 Small step back on left, step right to right side, cross left over right, hold

5-8 Small step back on right, step left to left side, cross right over left, hold

BACK, LOCK, BACK, ¼ RIGHT, STEP LOCK STEP TOUCH

1-4 Step back on left, lock right across left, step back on left, ¼ turn right, stepping forward on right

5-8 Step left forward, lock right behind left, step forward on left, touch right, beside left

BACK, TOUCH X 4 WITH CLAPS

1-4 Step back on right, touch left next to right, and clap, step back on left, touch right, next to left, and clap

5-8 Step back on right, touch left next to right, and clap, step back on left, touch right next to left, and clap

VINE ¼ RIGHT, STEP, MONTEREY ¼ TURN RIGHT, POINT STEP

1-4 Step right to right side, step left behind right, ¼ turn right stepping forward on right, step forward left

5-8 Point right to right side, ¼ turn right stepping right next to left, point left to left side, step left next to right

MONTEREY ¼ TURN RIGHT, POINT STEP, STEP PIVOT ¼ LEFT, CROSS ROCK RECOVER

1-4 Point right to right side, ¼ turn right stepping right next to left, point left to left side, step left next to right

5-8 Step forward on right, ¼ turn left, (weight on left), cross rock right over left, recover onto left

EXTENDED VINE, CROSS ROCK RECOVER STEP ¼ LEFT

1-4 Step right to right side, cross left in front of right, step right to right side, step left behind right

5-8 Step right to right side, cross rock left over right, recover onto right, ¼ turn left stepping forward on left

REPEAT
