

First Ambition

Count: 48

Wand: 4

Ebene: Intermediate/Advanced

Choreograf/in: Johanna Barnes (USA)

Musik: HeartBreak School - James Bonamy



ROCK RIGHT AND CROSS, ROCK LEFT, CROSS BEHIND, ¾ TURN LEFT, RIGHT KICK BALL CHANGE

- 1 Step right to right side, placing weight on right
- & Recover weight back onto left
- 2 Cross right over left
- 3 Step left to left side
- 4 Replace weight on right
- 5 Cross left behind right
- 6 ¾ turn left (unwind in place)
- 7 Kick right foot
- & Step on ball of right foot
- 8 Quickly change weight to left foot

SCUFF, HITCH, RIGHT KNEE GROOVE, FORWARD ROCK

- 1 Scuff floor with right heel
- & Raise right knee
- 2 Step right ball front
- 3 Bend knee inward (to left), angling hips to left
- 4 Bounce knee back to center, angling hips back to front
- 5 Bend knee inward (to left), angling hips to left
- 6 Bounce knee back to center, angling hips back to front
- & Step down right heel
- 7 Rock forward on left
- 8 Step back (recover) right

DRAG, RIGHT KICK BALL CHANGE, VAUDEVILLE HOP, CROSS, SWEEP RIGHT

- 1 Step back on left, drag right foot, letting body follow
- 2 Bring right next to left
- 3 Kick right foot
- & Step on ball of right foot
- 4 Quickly change weight to left foot
- 5 Cross right over left
- & Step left
- 6 Kick right foot out to side (angle body)
- & Bring right foot back next to left
- 7 Cross left over right
- 8 Sweep right around, bring right foot to front, leaving weight on left

CROSS BACK, STEP LEFT, TRAVELING PIVOTS (1 ½ TURN RIGHT), FORWARD ROCK, TRIPLE STEP BACK

- 1 Cross right over left
- 2 Step back on left
- 3 Turn ½ to right and step right foot forward
- & Turn ½ to right and place left foot back
- 4 Turn ½ to right and step right foot forward
- 5 Rock forward on left
- 6 Step back (recover) right

- 7 Step back on left
- & Cross right over left
- 8 Step back on left

RIGHT TOE DIG, ½ PIVOT RIGHT, LOCKING JAZZ BOXES, TOUCH RIGHT ½ PIVOT RIGHT

- 1 Right toe back (weight stays on left)
- 2 ½ pivot body right in place (weight still on left)
- 3 Cross right over left
- & Step back on left
- 4 Step out on right (2nd position)
- 5 Cross left over right
- & Step back on right
- 6 Step out on left (2nd position)
- 7 Touch right out to right side
- 8 Bring right together with left and turn ½ right. Leave weight on left

Travel backwards slightly on counts 3-6

ROCK RIGHT, LEFT RUNNING CROSS, ROCK LEFT, CROSS LEFT BEHIND ½ TURN LEFT

- 1 Step right to right side
- 2 Rock back (recover) left
- 3 Cross right over left, traveling left
- & Step left to left side
- 4 Cross right over left
- 5 Step left to left side
- 6 Rock back (recover) right
- 7 Cross left behind right
- 8 Pivot ½ turn in place

REPEAT
