

Fresh Coat Of Paint

Count: 36

Wand: 0

Ebene:

Choreograf/in: Ginny Graham (USA)

Musik: Fresh Coat of Paint - Lee Roy Parnell



HEEL SWIVELS

- 1-2 Swivel heels left, swivel heels back to center
- 3-8 Repeat steps 1-2 three times (shifting weight to left step 8)

RIGHT VINE

- 9 Step right to right side
- 10 Step left behind right
- 11 Step right to right side
- 12 Touch left beside right

LEFT VINE

- 13 Step left to left side
- 14 Step right behind left
- 15 Step left to left side
- 16 Touch right beside left

FORWARD TOE-HEEL STRUTS

- 17 Step forward on ball of right
- 18 Step down on right heel
- 19 Step forward on ball of left
- 20 Step down on left heel
- 21-24 Repeat steps 17-20 (weight on left)

JAZZ BOX WITH 2 1/8 TURNS (1/4 TURN)

- 25 Cross step right over left
- 26 Stepping back on left, make 1/8 turn left (10:30 o'clock)
- 27 Stepping on ball of right side, pivot 1/8 turn left (9 o'clock)
- 28 Step left slightly to left side beside right

1/2 TURN

- 29 Cross step right over left
- 30 On balls of both feet, unwind 1/2 turn left (3 o'clock) (shift weight to left)

HEEL BOUNCES

- 31-32 Weight on left, slowly pull right to left, tapping right heel twice (shifting weight to right step 32)

STOMP, KICK BALL CHANGE, STOMP

- 33 Stomp left beside right
- 34 Kick right forward
- & Stepping back on right, slightly lift left
- 35 Step down on left
- 36 Hold (weight even)

REPEAT