

# Free Spirit

Count: 32

Wand: 2

Ebene: Intermediate

Choreograf/in: Ms. Sam Warriner (CAN)

Musik: Heads Carolina, Tails California - Jo Dee Messina



## **OUT-OUT, CLAP, IN-IN CLAP (JAZZ JUMPS)**

- &1-2            Jump small step right on right foot; jump small step left on left foot; clap  
&3-4            Jump small step home on right foot; jump small step home on left foot; clap  
5-6             Step right foot to right side; cross-step left foot behind right  
7-8             Step right foot to right side; stomp left beside right

## **VINE LEFT, STOMP**

- 9-10            Step left foot to left side; cross-step right behind left  
11-12          Step left foot to left side; stomp right beside left  
13-14          Rock forward on right foot & clap; step left in place  
15-16          Rock back on right and clap; step left in place

## **½ TURN, TWO SHUFFLE FORWARD, KICK-BALL-CHANGE**

- 17-18          Step right forward; pivot ½ turn to the left  
19&20          Shuffle forward stepping right, left, right  
21&22          Shuffle forward stepping left, right, left  
23&24          Kick right foot forward; step down on ball of right foot; step left foot beside right

## **CROSS-UNWIND, KICK-BALL-CHANGE, CROSS-UNWIND, STOMP TWICE**

- 25-26          Cross-step right over left; unwind ½ turn left  
27&28          Kick right foot forward; step down on ball of right foot; step left foot beside right foot  
29-30          Cross-step right over left; unwind ½ turn left  
31-32          Stomp right foot beside left; stomp left foot beside right

## **REPEAT**

---