

# Freak It

**COPPER** **KNOB**  
BY STEPHEN METZ

Count: 64

Wand: 4

Ebene: Advanced

Choreograf/in: Junior Willis (USA)

Musik: Freakin' It - Will Smith



**(RIGHT) KICK, (LEFT) KICK, (RIGHT) KICK, (RIGHT) KICK WITH ½ TURN, (RIGHT) KICK, (LEFT) KICK, (RIGHT) KICK, (RIGHT) KICK WITH ½ TURN**

- 1 Kick right leg forward
- 2 Kick left leg forward
- 3 Kick right leg forward
- 4 Kick right leg forward turning ½ to left (leg will be upside down while kicking)
- 5 Kick right leg forward
- 6 Kick left leg forward
- 7 Kick right leg forward
- 8 Kick right leg forward turning ½ to left (leg will be upside down while turning)

**JUMP FEET APART, (LEFT) HOP LIFT RIGHT, (RIGHT) STEP, HEELS OUT IN OUT, (LEFT) STEP, (RIGHT) STEP, RUB BUTT TWICE**

- 1 Jump with both feet out shoulder width apart
- & Hop on left foot while hitching right leg
- 2 Step right foot forward
- 3-4 Twist both heels out, in, out
- 5 Step left foot out to left side (shoulder width)
- 6 Step right foot out to right side (shoulder width)
- 7-8 2-count circular motion behind the butt with both hands

**2 COUNT RUNNING MAN ON RIGHT, 2 COUNT RUNNING MAN ON LEFT, (RIGHT) WIPE SWEAT, (RIGHT) TWIST HEEL OUT, IN, OUT**

- 1 Step right foot in front of left
- & Step on ball of left foot in place
- 2 Step right foot next to left
- 3 Step left foot in front of right
- & Step on ball of right foot in place
- 4 Step left foot next to right
- 5 Place right hand (flat position) on left of forehead
- & Pull right out across forehead to outside of head
- 6 Flip right hand out to right side while coming up on the ball of right foot
- 7-8 Twist right heel out, in, out

**(RIGHT) ¼ PIVOT ON THE BALL OF RIGHT, (RIGHT) HEEL, (RIGHT) TOE, (RIGHT) HEEL, (LEFT) ½ TURN ROLLING HIPS, (RIGHT) KICK-BALL-CHANGE**

- 1 Spinning on the ball of right foot, turn ¼ to the right
- 2 Place right heel forward slightly leaning the body back
- 3 Tap right toe in back slightly leaning the body forward
- 4 Place right heel forward slightly leaning the body back
- 5-6 While placing right ball on floor, roll hips in to the left motion twice while making a ½ turn to the left (weight ending on left)
- 7 Kick right foot forward
- & Place ball of right next to left
- 8 Step left next to right

**(RIGHT) HEEL, (RIGHT) BALL, (LEFT) CROSS, (RIGHT) BALL, (LEFT) HEEL, (LEFT) BALL, (RIGHT) CROSS, (LEFT) BALL, (RIGHT) HEEL, (RIGHT) BALL, (LEFT) CROSS, (RIGHT) BALL, (LEFT) BEHIND, (RIGHT) BALL, (LEFT) STEP**

- 1 Place right heel out to right side
- & Place ball of right foot in place
- 2 Cross step left foot in front of right
- & Place ball of right foot out to right side
- 3 Place left heel out to left side
- & Place ball of left foot in place
- 4 Cross step right foot in front of left
- & Place ball of left foot out to left side
- 5 Place right heel out to right side
- & Place ball of right foot in place
- 6 Cross step left foot in front of right
- & Place ball of right foot out to right side
- 7 Cross step left foot behind right
- & Place ball of right foot out to right side
- 8 Step left foot next to right

**(RIGHT) STEP, (LEFT) SLIDE, (RIGHT) BALL, (LEFT) HEEL, (LEFT) BALL, (RIGHT) STEP, (LEFT) STEP, (RIGHT) SLIDE, (LEFT) BALL, (RIGHT) HEEL, (RIGHT) BALL, (LEFT) STEP**

- 1 Step right foot forward at 2:00
- 2 Slide left foot up to meet right
- & Place ball of right foot straight back
- 3 Place left heel forward (while punching right fist forward)
- & Place ball of left foot to home position
- 4 Step right foot next to left
- 5 Step left foot forward at 10:00
- 6 Slide right foot up to meet left
- & Place ball of left foot straight back
- 7 Place right heel forward (while punching left fist forward)
- & Place ball of right foot to home position
- 8 Step left foot next to right

**(RIGHT) WALK, (LEFT) WALK, LOOK LEFT, LOOK FORWARD, "GENIE ARMS"**

- 1 Step right foot forward
- 2 Step left foot forward
- 3 Hold
- & Look to the left
- 4 Look forward
- 5 Place arms left on top of right with right hand on left bicep and left hand on right bicep
- & Take forearms up to smack the back of both hands together
- 6 Take arms back to position 1 (count 5)
- & Straighten both arms straight out while smacking the back of both hands together
- 7 Take arms back to position 1
- & Take forearms up to smack the back of both hands together
- 8 Clap hands together

**PULL ARMS RIGHT, PULL LEFT, PULL DOWN, PULL DOWN, PULL ARMS RIGHT, PULL LEFT, PULL DOWN, PULL DOWN**

- 1 (Leaving hands in clapped position) raise right elbow to be even with right shoulder, pull arms to the right
- 2 Raise left elbow to be even with left shoulder, pull arms to the left
- 3-4 With both hands in fist position out to sides, pull both arms down twice

5-8

Repeat 1-4

**REPEAT**

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