

# Get Down On It 2011

COPPER KNOB  
STEPPERS

Count: 64

Wand: 4

Ebene: Improver

Choreograf/in: Nancy Lee (MY)

Musik: Get Down - Blue : (CD: One Love)



**Intro : 48 Count - Start On " Get Down On It "**

## **SECTION 1: Hips Thrust Right (Lift & drop) , Hitch, Full Turn Right, Right Shuffle Forward**

- 1-2-3-4 Have weight on L , point R forward & hip lift (1) , drop hip (2), hip lift (3), Hitch on R (4)  
5-6 Full turn R, Step R forward (5) , turning R step back L and make R full turn(Spiral ) (6) [ 12:00]  
7&8 R Shuffle Forward

## **SECTION 2: Hips Thrust Left (Lift & drop) , Hitch, Full Turn Left , Left Shuffle Forward**

- 1-2-3-4 Have weight on R , point L forward & hip lift (1) , drop hip (2), hip lift (3), Hitch on L (4)  
5-6 Full turn L, Step L forward (5) , turning L step back R and make L full turn(Spiral ) (6) [ 12:00]  
7&8 R Shuffle Forward

## **SECTION 3: Cross Over , Point To Side , Shoulder Up & Down, Cross Behind, Point To Side , Knees Bend Up & Down**

- 1-2 Right cross over left, point left to left side  
3-4 Bringing left shoulder up (with weight) , drop shoulder down (with weight)  
5-6 Left cross behind right, point right to right side  
7-8 Bending knees down then up ( look Left , look Front )

## **SECTION 4: Forward Rock, Coaster Step, Forward Rock, Triple ¾ Turn Left**

- 1-2 Rock forward on right, recover onto left  
3&4 Step back on right, step left beside right, step forward on left  
5-6 Rock forward on left, recover onto right  
7&8 Triple ¾ turn left stepping left, right, left ( now facing 3:00 )

**\*\*\*RESTART HERE**

## **SECTION 5: Toe Touches With Cross( Right & Left )**

- 1-4 Touch right toe to right side, kick right foot across left, touch right toe to right side, cross right foot in front of left ( with weight )  
5-8 Touch left toe to left side, kick left foot across right, touch left toe to left side, cross left foot behind right ( with weight )

## **SECTION 6: Hips Bump Right , Hips bump Left , Paddle Full turn Left**

- 1&2 Step forward right diagonally ,hips bump right, left, right  
3&4 Step forward left diagonally, hips bump left, right, left  
5-8 ¼ Left Paddle Full turn, point R to Side turning L quarterly

## **SECTION 7: Step To side , Cross Point Behind , Step to Side, Cross point Behind**

- 1-2 Step right to right side, Cross Point L behind R  
3-4 Step Left to Left side, Cross Point R behind L  
5-6 Step right to right side, Cross Point L behind R  
7-8 Step Left to Left side, Cross Point R behind L

**( For steps : 3-8 ~ Travelling backward gradually )**

## **SECTION 8: Rocking Chair, Pivot ½ Turn Left Twice**

- 1-4 Rock forward on right, rock back on left, rock back on right, rock forward on left  
5-8 Step forward on right, pivot ½ turn left, step forward on right, pivot ½ turn left

**Begin & have fun !!**

**RESTARTS:**

**\*\*\*On wall 3, after 32 count (triple  $\frac{3}{4}$  turn left, facing 9:00) Restart**

**\*\*\*On wall 6, after 32 count (triple  $\frac{3}{4}$  turn left, facing 6:00) Restart**

**Contact: [Swan9198@gmail.com](mailto:Swan9198@gmail.com)**

**Revised - March 2011**

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