

Get A Grip

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Sharon Davis (USA)

Musik: Come On Over - Shania Twain



Placed 9th in Country Choreography at 2001 Dance Team Showdown, Ft. Wayne, Indiana

ROCK FORWARD-ROCK BACK RIGHT- FUN STEPS

1-2 Rock forward on right-rock back on left

3-4 Rock back on right-rock forward on left

5-6-7-8 Fun steps: make up your own steps for these counts 5-6-7-hold

Example: Boogie Cross Steps (cross right over left, cross left over right, cross right over left, hold)

Example: Stomps right-left-right-hold

ROCK FORWARD-ROCK BACK LEFT-FUN STEPS

9-10 Rock forward on left-rock back on right

11-12 Rock back on left-rock forward on right

13-14-15-16 Fun steps: make up your own steps for these counts 13-14-15-hold

Example: Boogie Cross Steps (cross left over right, cross right over left, cross left over right, hold)

Example: Stomps left-right-left-hold

CHARLESTON STEPS

17-18 Step forward on right-kick left forward

19-20 Step back on left-touch right toe back

21-22 Step forward on right-kick left forward

23-24 Step back on left-touch right toe back

VINE RIGHT

25-26-27-28 Step right to side-step left behind right-step right to side-touch left beside right

VINE LEFT WITH ¼ TURN LEFT-HOLD

29-30-31-32 Step left to side-step right behind left-step left to side making ¼ turn left-hold(this can also be a 1 ¼ turning vine with a hold)

REPEAT
