Fried Chick'n

Count: 0

Ebene:

Choreograf/in: Ken Gray (USA)

Musik: Memphis Women & Chicken - T. Graham Brown

Best done with multiple circles, inside each other, each alternating line of dance Dance Part B only during the chorus ("Memphis women and fried chicken....")

PART A

SWAYS, TOE HEEL STRUT TOE HEEL STRUT, KICKS

- 1-2 Right step in place and sway hips right, left step in place and sway hips left
- 3-4 Right toe touch slightly forward, right heel drop
- 5-6 Left toe touch slightly forward, left heel drop
- 7-8 Right low kick forward, right low kick forward

SIDE POINT AND LOOK, FORWARD STEP

Ok to omit the points

- 1-2 Right point and check-out side right, step right forward
- 3-4 Left point and check-out side left, step left forward
- 5-6 Right point and check-out side right, step right forward
- 7-8 Left point and check-out side left, step left forward

PART B

CHICK SWAYS, TURNING CHICKEN WALK

Shoulder rolls or shimmies with an attitude anytime during 1-4

- 1-2 Right step in place and sway hips right, left step in place and sway hips left
- 3-4 Right step in place and sway hips right, left step in place and sway hips left
- 5-6 Right step in place, left step in place

Keep knees bent and apart, bend arms, "flapping wings" and make a 1/4 left turn during 5-8

7-8 Right step in place, left step in place

CHICK SWAYS, TURNING CHICKEN WALK

Shoulder rolls or shimmies with an attitude anytime during 1-4

- 1-2 Right step in place and sway hips right, left step in place and sway hips left
- 3-4 Right step in place and sway hips right, left step in place and sway hips left
- 5-6 Right step in place, left step in place

Keep knees bent and apart, bend arms, "flapping wings" and make a 3/4 left turn during 5-8 7-8 Right step in place, left step in place





Wand: 0