

# Friday Night Slide

Count: 60

Wand: 4

Ebene:

Choreograf/in: Alan Souber Rickmansworth (UK)

Musik: Fresh Coat of Paint - Lee Roy Parnell



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## SIDE STEP RIGHT, HOLD, SLIDE LEFT TOGETHER, HOLD (REPEAT)

Bend knees slightly

1-8 Step right to side and hold, slide left up to right, and hold (repeat)

A shimmy works well here

## LEFT WEAVING GRAPEVINE

9-10 Step left to side, step right behind

11&12 Step left to side & step right across front, step left to side

You must put your full weight on left, ready to push off to right

## SIDE STEP RIGHT, HOLD, SLIDE LEFT TOGETHER, HOLD (REPEAT)

13-20 Repeat 1-8

## HEEL SWITCHES RIGHT, LEFT, RIGHT HOLD, HEEL SWITCHES LEFT, RIGHT, LEFT HOLD

21-24 Touch right heel forward, left heel, right heel, hold (clap on hold)

25-28 Touch left heel forward, right heel, left heel, hold (clap on hold)

## LEFT GRAPEVINE, ¼ TURN LEFT, STEP WITH BACK HITCH

29-30 Step left to side, cross right behind

31-32 Step left to side with a quarter turn to left step right in front, hitching left behind

## TOE STRUTS BACK, LEFT RIGHT LEFT RIGHT

33-36 Step back onto left toes, heel down, right toes back, heel down

37-40 Left toes, heel down, right toes, heel down

## 4 HIP BUMPS 2 RIGHT, 2 LEFT, 2 HIP GRINDS LEFT

41-44 Bump hips two right, two left

45-48 Grind hips around to left full circle twice

## RIGHT SHUFFLE, LEFT SHUFFLE

49-52 Right shuffle forward, left shuffle forward

## CROSS KICK, KICK, SAILOR STEP

53-54 Kick right across left, then kick right out to right

55&56 Step right behind left & step on left beside right, step on right

## CROSS KICK, KICK, SAILOR STEP

57-58 Kick left across right, then kick left out to left

59-60 Step left behind right & step on right beside left, step on left

REPEAT

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