

Give It Up

Count: 32

Wand: 4

Ebene: Improver west coast swing

Choreograf/in: Al Marshall (USA)

Musik: Give It Up (Give In) - Marcia Ball



FORWARD TRIPLE, STEP, LUNGE, ROCK AND SWAY, BACK, TOUCH

- 1&2-3-4 Step right forward, left beside right, right forward, left forward, right long diagonal forward
5&6-7-8 Recover on left swinging hips diagonal back-forward-back (left-right-left), step right back, touch left toe to left side

CROSS TRIPLE, RONDE CROSS TRIPLE

- 9&10-11&12 Step left cross right, right behind left, left cross right, swing (ronde in one count) right around in front of left, left behind right, right cross left

ROCK, RECOVER, CHASSE LEFT, CROSS TRIPLE, RONDE, RONDE

- 13-14-15&16 Step left diagonal forward, recover on right ¼ turn to left, step left to left, right beside left, left to left
17&18-19-20 Step right cross left, left behind right, right cross left, swing left around in front of right, swing right around in front of left

BACK TRIPLE, BACK TRIPLE, RONDE, RONDE, HEEL SWITCHES

- 21&22-23&24 Step left diagonal back to left, right beside left, left diagonal back, step right diagonal back to right, left beside right, right diagonal back
25-26&27&28 Swing left around behind right, swing right around behind left, left back, right heel forward, right back, left heel forward

FORWARD LEFT, LOCK RIGHT, LEFT TRIPLE

- 29-30-31&32 Step left forward, lock right behind left, left forward, right beside left, left forward

REPEAT
