Get Your Hands Dirty



Count: 64 Wand: 4 Ebene: Intermediate/Advanced

Choreograf/in: Samantha Hulcoop (UK)

Musik: Put the Needle On It - Dannii Minogue



STEP, KICK LEFT, STEP BACK LEFT PIVOT ½ TURN, DRAG BALL CROSS, STEP LEFT

1-2 Step forward on right, kick left foot

3-4 Step back on left foot, pivot ½ on left foot (leave weight on left foot)

5-6 Big step on right to right side, drag left foot touching

&7 Step back on left foot and cross with the right foot over left

8 Step left to left side

CROSS SHUFFLE RIGHT, STEP 1/2 TURN, THRUST 1/4 TURN TWICE

9&10 Cross shuffle right over left

11-12 Step left to left side, pivot ½ turn stepping right to right side

13-14 Step forward on left (pushing hips forward), ¼ turn to the right stepping right to the side

15-16 Repeat steps 13-14

BALL STEP, LOOK, BUMPS WITH 1/4 TURN TWICE

&17 Step back on left(&), step forward on right

Turn head to left side still leaving body where it was

19-20 Two hip bumps making a ¼ turn

21-24 Repeat steps 17-20

CROSSING RIGHT JAZZ BOX, SYNCOPATED JUMPS FORWARD, BACK, FORWARD AND FORWARD

25-28 Crossing jazz box leading with the right

30 Jump forward right, left
31 Jump forward right, left
32 Jump forward right, left
Jump forward right, left

STEP, HEEL, CROSS UNWIND, KNEE POPS UP DOWN TWICE

Step right to right side, dig heel to left side Step down on left, cross right over left

35 Unwind ½ turn

&36 Pop knees and shoulders, and release

37-40 Repeat steps 33-36

SIDE SHUFFLE RIGHT, ½ LEFT SHUFFLE TWICE

41&42 Side shuffle on right foot to right side 43&44 Side shuffle on left foot making ½ turn

45-48 Repeat steps 41-44

RIGHT SAILOR STEP, LEFT SAILOR STEP, STEP 1/2 TURN TWICE

49&50 Right sailor step 51&52 Left sailor step

53-54 Step right forward pivot ½ turn

55-56 Repeat steps 53-54

KICK OUT OUT, BODY ROLL, BALL STEP LOOK WIND HIPS AROUND MAKING A 1/4 TURN

57&58 Kick right step out out right, left

59-60 Body roll top to bottom

&61 Step back on left(&), step forward on right
62 Turn head ¼ turn left leaving body in place

63&64 Wind hips around to ¼ turn

REPEAT

RESTART

When facing back wall for 1st time go up to count 32 and start again at back wall.