

Get Tough

Count: 48

Wand: 1

Ebene: Intermediate

Choreograf/in: Eileen Stapleton (UK)

Musik: When the Going Gets Tough - Boyzone



BODY TWIST SHUFFLES -MOVING SLIGHTLY FORWARD

- 1& Cross right over, left, cross left behind right
- 2 Step right forward
- 3&4 Repeat to right side
- 5&6 Repeat again to left side
- 7&8 Repeat again to right side

POINT, CROSS STEPS, AND HOLD

- 9-10 Point right to side, cross right over left
- &11-12 Step right to right side, cross left over right, hold
- &13-14 Step left to left side, cross right over left, hold
- &15-16 Step right to right side, cross left over right, hold

POINT, UNWIND BODY TWIST SHUFFLES FORWARD

- 17 Point, cross steps, and hold
- 18 Cross left behind right
- 19 Unwind half turn to left
- 20 Hold
- 21& Cross right over left, close left behind right
- 22 Step right forward
- 23&24 Repeat to right side

TOE AND HEEL SWITCHES, SIDE TOUCHES WITH HOLDS

- 25 Right heel forward, step right beside left
- 26 Touch left toe back
- &27& Bring left to right, right heel forward, bring right beside left
- 28 Touch left toe back
- 29-30 Point left to left side, hold
- &31-32 Bring left to right, point right to right side, hold

KICKS AND COASTER STEPS

- 33-34 Kick right foot forward twice
- 35&36 Step back right, step left beside right, step forward right
- 37-38 Kick left foot forward, twice
- 39&40 Step back left, step right beside left, step back left

HALF PADDLE TURN TO LEFT OVER EIGHT BEATS

- 41-42 Touch right toe forward, pivot one eighth turn left
- 43-48 Repeat steps 41-42 a further three times, completing a half turn left

REPEAT