

# Get Over You

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Livio (IT)

Musik: Get Over You - Sophie Ellis-Bextor



## INTRO (OPTIONAL)

Begin intro 16 beats after start of track

### STEP, HOLD

- 1-4 Right foot step forward, hold body for 3 beats in a position like a robot/mannequin (if you have seen the video you will know what I mean)
- 5-8 Left foot step forward, hold body for 3 beats in a position like a robot/mannequin
- 9-16 Repeat 1-8 above

## THE MAIN DANCE

Begin with lyrics

### ROCK, COASTER, ROCK, SHUFFLE, ROCK, SHUFFLE

- 1-2 Right step forward, rock weight onto left
- 3&4 Right coaster step
- 5-6 Left foot step forward, rock weight onto right
- 7&8 Left shuffle forward
- 9-10 Right foot step forward, rock weight onto left
- 11&12 Right shuffle forward

### ROCK, ¾ TURN LEFT

- 13-14 Left foot step forward, rock weight onto right
- 15&16 Left shuffle a ¾ turn left

### SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE

- 17-18 Right step side, rock weight onto left
- 19&20 Right cross shuffle over left
- 21-22 Left step side, rock weight onto right
- 23&24 Left cross shuffle over right

### SIDE, HOLD, &SIDE, HOLD

- 25-26 Right step side, hold
- &27 Left foot step together, right step side
- 28 Left touch

### ROLLIN' VINE LEFT

- 29-32 Left rolling vine to left

### REPEAT

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