

# Get It Up 2000

**COPPER** KNOB  
BY STEPHENETS

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Max Perry (USA)

Musik: Get It Up - Ronnie Milsap



This dance along with several others were choreographed for the Dance Round-up in Minneapolis for Dean & Mary Faast of "Faast Country". The rules for the choreographers were that the music had to be a country song made before 1989, which this song was (1979) and the dance had to have the "2000" in the title. This was fun!

## **KICK, CROSS, TOUCH, KICK CROSS, TOUCH, CROSS, SIDE, SAILOR SHUFFLE WITH ¼ TURN RIGHT**

- 1&2 Kick right forward, cross step right over left, touch left toe to left side  
3&4 Kick left forward, cross step left over right, touch right to right side  
5-6 Cross step right over left, step left to left side  
7&8 Cross step right behind left, step left to left side, step right in place (sailor shuffle) while turning ¼ turn to the right

## **KICK,CROSS,TOUCH, KICK, CROSS, TOUCH, CROSS, SIDE, SAILOR SHUFFLE WITH ¼ TURN LEFT**

- 1&2 Kick left forward, cross left over right, touch right to right side  
3&4 Kick right forward, cross right over left, touch left to left side  
5-6 Cross step left over right, step right to right side  
7&8 Cross left behind right, step right to right side, step left in place (sailor shuffle) while turning ¼ to the left

## **WALK FORWARD, FORWARD, FORWARD COASTER STEP**

- 1-2 Walk forward right, left  
3&4 Step right forward, step left next to right, step right back

## **STEP BACK, BACK, COASTER STEP**

- 5-6 Step left back, step right back  
7&8 Step left back, step right next to left, step left forward

## **STOMP, KICK, HITCH, KICK, STEP TOGETHER, TWIST HEELS RIGHT, CENTER**

- 1& Stomp right next to left, kick right forward  
2& Hook right in front of left (hitch) crossing below the knee, kick right forward  
3 Step right next to left  
&4 Twist both heels right, center

## **½ TURN LEFT, ¼ TURN LEFT**

- 5-6 Step right forward & turn ½ left, step left in place  
7-8 Step right forward & turn ¼ left, step left in place

## **REPEAT**

---