

Count: 64

Wand: 4

Ebene:

Choreograf/in: Pete Stothard (UK) & Michelle Stothard (UK)

Musik: I've Been Better - Brad Paisley



STEP RIGHT, LEFT, RIGHT CHASSE, STEP LEFT, RIGHT, LEFT CHASSE

- 1-2 Step right to right side, step left next to right
- 3&4 Right chasse
- 5-6 Step left to left side, step right next to left
- 7&8 Left chasse

RIGHT SHUFFLE, LEFT SHUFFLE, FULL TURN, LEFT SHUFFLE

- 1&2 Right shuffle forward
- 3&4 Left shuffle forward
- 5-6 Sweep right behind left and unwind full turn over right shoulder (weight ends on right foot)
- 7&8 Left shuffle forward

RIGHT SHUFFLE, LEFT SHUFFLE, ½ TURN, LEFT SHUFFLE

- 1&2 Right shuffle back
- 3&4 Left shuffle back
- 5-6 Sweep right foot behind left and unwind ½ turn over right shoulder
- 7&8 Left shuffle forward

½ VINE, RIGHT CHASSE ¼ TURN, PIVOT TURN, LEFT SHUFFLE

- 1-2 Step right to right side, step left behind right
- 3&4 Right chasse with ¼ turn to right
- 5-6 Step left forward, pivot ½ turn
- 7&8 Left shuffle forward

RIGHT SHUFFLE, LEFT SHUFFLE, HEEL SWIVELS

- 1&2 Right shuffle forward
- 3&4 Left shuffle forward
- 5-6 Swivel heels left, right
- 7&8 Swivel heels to left, bending knees, making a ¼ turn to the right

RIGHT SHUFFLE, ½ TURN, RIGHT SHUFFLE, ROCK & RECOVER

- 1&2 Right shuffle back
- 3-4 Touch left toe back, unwind ½ turn over left shoulder
- 5&6 Right shuffle forward
- 7-8 Rock left to left side and recover onto right

LEFT LOCK SHUFFLE, RIGHT LOCK SHUFFLE, ½ TURN, STEP ½ TURN

- 1&2 Step back on left, lock right across left, step back on left
- 3&4 Step back on right, lock left across right, step back on right
- 5-6 Touch left toe back, unwind ½ turn over left shoulder (weight ends on left foot)
- 7-8 Step forward right, pivot ½ turn

STEP ¼ TURN, RIGHT SHUFFLE, LEFT SHUFFLE, WALK

- 1-2 Step forward right, pivot ¼ turn to the left
- 3&4 Right shuffle forward, swinging hips to right
- 5&6 Left shuffle forward, swinging hips to left

7-8

Walk right, left

REPEAT

TAG

On walls 1 & 3 only, at the end of the dance add four finger clicks, then continue

On wall 5, leave out the right and left shuffle forward, from last 8 counts and continue with walk right, left.
