Gone So Long



Count: 64 Wand: 4 Ebene:

Choreograf/in: Victor Watts (AUS)

Musik: Why Have You Been Gone So Long - Stacy Dean Campbell



&1	Jump back onto left foot with right foot out front at 45 degrees
&2	Jump back onto right foot with left foot out front at 45 degrees
&3	Jump back onto left foot with right foot out front at 45 degrees
4	Step right foot behind left
5-6	Step left to left side, step right to right side
7-8	Step left behind right, touch right beside left
&1-2	Step right foot back at 45 degrees, shake leg twice
&3-4	Step left foot back almost beside right, shake leg twice (lifting beels slightly off the ground)
5-6	Sway knees to right, return knees to center
7-8	Sway knees to left, return knees to center
1-4	Rolling vine to the right (right-left-right), scuff left forward at 45 degrees
5-6	Step left forward at 45 degrees, lock right behind left
7-8	Step left forward, scuff right at 45 degrees
1-2	Touch right toe forward at 45 degrees, moving weight forward drop right heel
3-4	Touch left toe back at 45 degrees, moving weight back drop heel
5-8	Swaying hips & knees simultaneously forward, back, forward, back
1-4	Vine right-left-right, scuff left in a sweeping movement to the left
5-8	Rolling vine to the left 1-1/4 turn left-right-left, hitch right
&1-2	Stepping right forward, rock hips forward twice
3-4	Rock hips back twice
5-8	Rock hips forward, back, forward, back.
1&2	Shuffle forward right-left-right
3-4	Step left forward, rock back onto right
5&6	Shuffle backwards left-right-left
7-8	Step right back, rock forward onto left
&1-2	Step right toe forward at 45 degrees, moving weight forward drop heel
3-4	Step left toe forward at 45 degrees, moving weight forward d rop heel
5-6	Step right toe forward at a 45 degrees, moving weight forward drop heel
&7	Step left toe forward at a 45 degrees, moving weight forward drop heel
&8	Step right toe forward at a 45 degrees, moving weight forward drop heel

REPEAT