Goin' Down

Count: 32



Choreograf/in: Simon Ward (AUS) Musik: Down By The Lazy River - The Osmond Brothers 1-2&3 Step right forward, shuffle very slightly forward bending knees slightly left, right, left 4-5&6 Step right forward, shuffle very slightly forward bending knees slightly left, right, left 7-8 Step right forward, pivot ½ turn left taking weight onto left foot 1-2 Step right forward, pivot 1/4 turn taking weight onto left 3-4 Cross/step right over left, step left to left side turning ½ turn right 5-6 Complete ½ turn right by stepping right to right side and place right arm at 45 degrees left, place right arm at 45 degrees right 7-8 Point right arm to right, do like a "come here" motion right hand and raise right leg Arm movements are meant to go in time to music, basically bringing right arm from left to right 1-2 Cross/step right over left, step left to left side 3&4 Touch right toe slightly to right, step ball of right down beside left, cross/step left over right Step right to right side turning 1/4 turn left, step left back turning 1/4 turn left 5-6 Cross/rock right over left, replace weight onto left 7-8 1-2 Step right to right, turn a full turn right on ball of right foot 3-4 Touch left to left side, hold &5-6 Step left beside right, touch right to right side, raise right knee across left

Ebene: Intermediate

REPEAT

TAG

7-8

At the end of wall 3 you will add 4 counts:

1-2 Step right forward, step left slightly to left (feet apart)

Wand: 2

3 Put your hands behind your head

place begin again

4 Do a pelvic push

RESTART

At the end of the 5th wall you will restart after count 12 (though you will not do the ½ turn right, replace with ¼ turn right)

Touch right to right side, pivot ¼ turn right slightly bending right knee leaving right foot in