

Going Commando

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Rob Fowler (ES)

Musik: Goin' Commando - BeatBurger



WALK RIGHT, LEFT FORWARD MAMBO, WALK BACK LEFT, RIGHT, LEFT COASTER CROSS

- 1-2 Walk forward right then left
- 3&4 Right mambo forward
- 5-6 Walk back left then right
- 7&8 Left coaster back with left cross

RIGHT SIDE ROCK & CROSS, LEFT SLIDE HOLD, BALL CROSS, SIDE STEP, LEFT SAILOR ¼ TURN LEFT

- 9&10 Rock right to right side, recover to left, cross right over left
- 11-12 Step long side step left, hold
- &13-14 Step ball of right next to left, cross left over right, step right to right side
- 15&16 Left sailor step making ¼ turn left

TOUCH HIP BUMPS, TOUCH HIP BUMPS, ROCK STEP, 1 ½ TURN BACK OVER RIGHT SHOULDER

- 17-18 Touch right forward pushing right hip forward, recover back on right
- 19-20 Touch left forward pushing left hip forward, recover back on left
- 21-22 Rock forward right, recover back left
- 23&24 Make ½ turn right onto right, make ½ turn left back onto left, make ½ turn right stepping forward right

TOUCH HIP BUMPS, TOUCH HIP BUMPS, ROCK STEP, ½ TURN BACK OVER LEFT SHOULDER, LEFT SHUFFLE FORWARD

- 25-26 Touch left forward pushing left hip forward, recover back on left
- 27-28 Touch right forward pushing right hip forward, recover back on right
- 29-30 Rock forward left, recover back on right
- &31&32 Make ½ turn left, left shuffle forward

REPEAT
