

Hands On The Spirit

COPPER **NOB**
BY SHEETS

Count: 32

Wand: 4

Ebene: Improver east coast swing

Choreograf/in: Mark Furnell (UK)

Musik: Honky Tonk Truth - Brooks & Dunn



SYNCOPATED ROCKS, BEHIND SIDE CROSS KICK, BEHIND SIDE CROSS KICK

- 1&2& Rock back on right, rock forward on left, rock forward on right, rock back on left
3&4& Rock forward on right, rock back on left, rock side on right, replace on left
5&6& Step right behind left, step side on left, cross right over left, kick left foot diagonally left
7&8& Step left behind right, step side on right, cross left over right, kick right foot diagonally right

BEHIND STRUT, ¼ TURN STRUT, STEP TURN STEP HITCH, STEP CLOSE STEP HITCH. STEP TOGETHER STEP TOGETHER, STEP

- 9&10& Touch right toe behind left heel and strut right heel down making ¼ turn right, touch left to side and strut left heel down
11&12& Step forward on right, make ½ turn right stepping on left, make another ½ turn stepping back on right, hitch left knee
13&14& Step back on left, close right to left, step back on left, hitch right knee
15&16& Step forward right, close left to right, step forward on right, close left to right

CROSS BACK SIDE SCUFF, CROSS BACK SIDE SCUFF, CROSS ROCKS SCUFF, CROSS ROCKS

- 17&18& Cross right over left, step diagonally back on left, step side on right, scuff left foot though
19&20& Cross left over right, step diagonally back on right step side on left, scuff right foot though
21&22& Cross rock right over left, replace on left, rock forward on right, scuff left foot though
23&24 Cross rock left over right, replace on right, rock forward on left, touch right to left

STEP TOGETHER STEP, HITCH ½ TURN, STEP TOGETHER HITCH, RUMBA BOX, SCUFF

- 25&26& Step back on right, close left to right, step back on right, hitch left knee making ½ turn left
27&28& Step forward on left, close right to left, step forward on left, hitch right knee
29&30 Step side on right, close left to right, step back on right
31&32& Step side on left, close right to left, step forward on left, scuff right foot though

REPEAT

RESTART

On the 3rd wall dance up to counts 16 and start again. Don't do the and beat after count 16. Go straight back to the start