The Hand That Rocks The Cradle



Count: 64 Wand: 2 Ebene: Intermediate

Choreograf/in: Joe Moon

Musik: The Hand That Rocks The Cradle (feat. Bob Tutupoli) - Tantowi Yahya



ROCK STEP, RECOVER, FULL TURN, BACK ROCK, FORWARD SHUFFLE

1-2-3-4 Rock forward on right, recover on left, full turn over right shoulder, step forward on right, step

left in place to complete full turn

5-6-7&8 Back rock on right, recover on left, forward shuffle on right, left, right

JAZZ BOX 1/4 TURN, CROSS, TOUCH CROSS TWICE

1-2-3-4 Cross left over right, step back on right, ¼ turn left stepping forward on left, cross right over

left

5-6-7-8 Touch left toe to left, cross left over right, touch right toe to right, cross right over left

ROCK FORWARD, RECOVER, BACK COASTER, ROCK FORWARD, RECOVER, ½ TURN RIGHT

1-2-3&4 Rock forward on left, recover on right, back coaster stepping back on left, step right next to

left, step forward on left

5-6-7&8 Rock forward on right, recover on left, ½ turn shuffle over right shoulder, step forward on

right, step left next to right, step forward on right

CROSS BACK SWEEP (MOVING BACKWARDS) BACK ROCK, RECOVER, STEP FORWARD, ½ SPIN TURN, TOUCH

1-2-3-4 Cross left over right, step back on right, sweep left behind right, sweep right behind left

5-6-7-8 Back rock on left, recover on right, step forward on left, ½ turn spin over left shoulder, touch

right next to left

SIDE, TOGETHER, FORWARD SHUFFLE, ROCK, FORWARD, RECOVER, 1/4 LEFT TURN SAILOR LEFT SHOULDER

1-2-3&4 Step right to right, step left to right, forward shuffle on right, left, right

5-6-7&8 Rock forward on left, recover on right, make ¼ left turn sailor step on left, right, left

CROSS, SIDE, BEHIND, 1/4 TURN, STEP, PIVOT 1/2 TURN, 1/4 TURN (FIGURE 8) CROSS BEHIND

1-2-3-4 Cross right over left, step left to left, cross right behind left, make ½ left turn, stepping forward

on left

5-6-7-8 Step forward on right, pivot ½ turn left, step right to side with ¼ turn left cross left behind right

SIDE SHUFFLE WITH 1/4 TURN, STEP, PIVOT 1/2, TURN SHUFFLE FORWARD, PIVOT 1/4 TURN

1&2-3-4 Side shuffle on right with ¼ turn right, step forward on left, pivot ½ turn right

5&6-7-8 Forward shuffle on left, right, left, step forward on right, pivot ¼ turn left (weight on left)

JAZZ BOX WITH ¼ TURN, STEP, ¼ TURN MONTEREY, POINT, ¼ TURN RIGHT, POINT LEFT, STEP TOGETHER

1-2-3-4 Cross right over left, step back on left, ¼ turn right, stepping forward on right, step left next to

right

5-6-7-8 Point right toe to right, ¼ turn right, stepping right next to left, point left to left, step left in

place

REPEAT

ENDING

1-2-3-4 Cross left over right, step back on left, make ½ turn, stepping forward on left, cross right over left

5-6-7-8 Touch left to left, cross left over right, touch right to right hold (end exactly at 12:00 wall)

This dance is dedicated to all mothers, who at one time or other, have rocked us in our cradles. They are the champions