

Groovy Mood

Count: 96

Wand: 4

Ebene:

Choreograf/in: Jan Whitson (UK)

Musik: Gettin' in the Mood - The Brian Setzer Orchestra



"COME ON BABY" POINT BACK, HOLD, POINT FRONT, HOLD, HEELS IN, OUT, IN, OUT

1-2-3-4 Touch right toe behind left heel, hold, touch right toe in front of left, hold
5-6-7-8 Stepping right back twist both heels in, out, in, out.(weight on right)

Arms

1-2: Elbows bent swing arms right, click fingers

3-4: Elbows bent swing arms left, click fingers

POINT BACK, HOLD, POINT FRONT, HOLD, HEELS IN, OUT, IN, OUT

1-2-3-4 Touch left toe behind right heel, hold, touch left toe in front of right, hold
5-6-7-8 Stepping back left twist both heels in, out, in, out (weight on right)

Arms

1-2: Elbows bent swing arms left, click fingers

3-4: Elbows bent swing arms right, click fingers

Sections 1 & 2 have a Charleston move

STEP, LOCK, STEP, HOLD, KICK, HOLD, KICK, HOLD

1-2-3-4 Step left forward, lock right behind, step left forward, hold
5-6-7-8 Kick right to front, hold, kick right to side, hold

SLOW RIGHT SAILOR STEP, HOLD, KICK, HOLD, ¼ LEFT, HOLD

1-2-3-4 Sweep right behind left, step left in place, step right slightly right, hold
5-6-7-8 Kick left front, hold, kick left making ¼ turn left, hold

BACK, LOCK, BACK, HOLD, RIGHT SLOW COASTER STEP, HOLD

1-2-3-4 Sweep left back, lock right in front, step back left, hold
5-6-7-8 Step back right, step left beside, step right forward, hold

MODIFIED LEFT JAZZ BOX MAKING ¾ TURN LEFT

1-2-3-4 Step left toe across right, step heel down, make ¼ turn left touch right toe back, step heel down
5-6-7-8 Make ½ turn left touch left toe to left, step heel down, step right toe right, step heel down

Arm moves

1: Right, shoulder goes up & slightly back, left down & slightly forward elbows bent

2: Click fingers

3: Left shoulder goes up & slightly back, right down & slightly forward, elbows bent

4: Click fingers

Repeat moves for 5-6-7-8

WEAVE RIGHT, HOLD, SIDE ROCK CROSS, HOLD

1-2-3-4 Sweep left behind right, right to side, cross left over right, hold
5-6-7-8 Rock right to right, recover on left, cross right over left, hold

LEFT VINE ¼ LEFT, HOLD, RIGHT & LEFT TOE STRUTS

1-2-3-4 Step left to left, cross right behind, step left ¼ turn left, hold
5-6-7-8 Touch right toe front, step heel down, touch left toe front, step heel down

Arm moves (elbows bent hands at shoulder height)

5-6: Right shoulder forward, left back, click fingers

7-8: Left shoulder forward, right back, click fingers

STEP, ½ TURN, STEP, HOLD, LEFT & RIGHT TOE STRUTS

1-2-3-4 Step right forward, make ½ turn left, step right forward, hold

5-6-7-8 Touch left toe front, step heel down, touch right toe front, step heel down

Arm moves as above toe struts

CROSS ROCK, SIDE ROCK, SLOW CROSS SHUFFLE, HOLD

1-2-3-4 Cross rock left over right, recover on right, rock left to left, recover on right

5-6-7-8 Cross left over right, right to right side, cross left over right, hold

TOE TOUCHES OUT, IN, OUT, HOLD, BEHIND, SIDE, BACK, HOLD

1-2-3-4 Touch right toe to right, touch toe in, touch toe out, hold

5-6-7-8 Sweep right behind left, step left in place, step right slightly back, hold

BACK, HOLD, BACK, HOLD, ½ SHUFFLE LEFT, HOLD

1-2-3-4 Sweep /step left back, hold, sweep/step right back, hold

5-6-7-8 Make ½ turn left stepping left, right, left, hold

REPEAT

ENDING

Dance ends on 6th wall on the 8th section (9:00 wall). Dance these steps as:

1-2-3-4 Sweep left behind right, step right to right, cross left over right, hold

5-6-7-8 Rock to right to right side, step left ¼ turn left, step right forward make ½ turn left
