

# The Groovin' Thing

Count: 32

Wand: 2

Ebene: Improver

Choreograf/in: Mark Furnell (UK)

Musik: Superstar - Jamelia



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## **KICK BALL STEP, BOUNCE, BOUNCE, KICK, COASTER STEP, POINT SWITCH POINT**

- 1&2 Kick right foot forward, step down on ball of right foot and step left forward  
3&4 Lean forward on left and bounce knees twice, lean back on right and kick left foot forward  
5&6 Coaster step left, right, left  
7&8 Point right toes to side, bring right to left and point left toe to side

## **CROSS POINT, SHUFFLE CROSS, POINT HITCH POINT TURNS ½, ¼, ½, (TRAVELING TO RIGHT)**

- &1-2 Bring left foot to right, cross right over left, point left toe out to left side  
3&4 Cross shuffle left, right, left  
5-6 Point right to out to side, pivot ½ turn right on left foot and point right toe to side  
7-8 Pivot 1/4 turn right on left foot and point right toe to side, pivot ½ turn right on left foot and point right

## **SAILOR STEP, BEHIND SIDE CROSS, POINT SIDE, POINT BEHIND, CHASSE SIDE**

- 1&2 Sailor step, right, left, right  
3&4 Step left behind right, step right to side, cross left over right  
5-6 Point right toe to side, point right toe behind left foot  
7&8 Chasse side right, stepping right, left, right

## **FORWARD SAILOR STEP ¼ TURN, TRIPLE 1 ½ TURN, WALK BACK LEFT, RIGHT, COASTER STEP**

- 1&2 Cross left over right, step right back, step left ¼ turn left  
3&4 Triple 1 ½ turn left, stepping right, left, and right  
5-6 Walk back left, right  
7&8 Coaster step back, stepping left, right, and left

**REPEAT**

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