

Groove With Me

COPPER KNOB
BY STEPHEN

Count: 40

Wand: 2

Ebene: Improver

Choreograf/in: A.T. Joven

Musik: Groove With Me Tonight - MDO



HEEL SWITCHES TRAVELING BACK, STOMP, TURN, STOMP, TURN

- 1& Touch right heel in front, step back on right
- 2& Touch left heel in front, step back on left
- 3& Touch right heel in front, step back on right
- 4& Touch left heel in front, step back on left
- 5 Stomp right forward
- 6 Pivoting on left - make a $\frac{1}{4}$ turn left shifting weight on left
- 7 Stomp right forward
- 8 Pivoting on left - make a $\frac{1}{4}$ turn left shifting weight on left

FORWARD SHUFFLE, MAMBO FORWARD, BACKWARD SHUFFLE, $\frac{1}{2}$ TURNING SHUFFLE

- 1&2 Step right forward, step left next to right, step right forward
- 3&4 Step forward on left, rock back on right, step back on left
- 5&6 Step back on right, step left next to right, step back on right
- 7&8 Step back on left (start making a $\frac{1}{2}$ turn left), step right together, step forward left (completing $\frac{1}{2}$ turn left)

FORWARD SHUFFLE, MAMBO FORWARD, BACKWARD SHUFFLE, COASTER STEP

- 1&2 Step right forward, step left next to right, step right forward
- 3&4 Step forward on left, rock back on right, step back on left
- 5&6 Step back on right, step left next to right, step back on right
- 7&8 Step back on left, step right next to left, step forward on left

STEP SIDE, ROCK SIDE, TOGETHER, STEP SIDE, ROCK SIDE, TOGETHER, TOUCH SIDE, CROSS OVER, $\frac{1}{2}$ TURN LEFT

- 1 Step side to right on right
- 2& Rock side to left, step right next to left
- 3 Step side to left on left
- 4& Rock side to right, step left next to right
- 5 Touch right toes to right side
- 6 Cross right over left
- 7-8 Uncross making a $\frac{1}{2}$ turn left (in two counts)

STEP FORWARD SWINGING THE HIPS, STEP FORWARD SWINGING THE HIPS, STEP FORWARD, STEP FORWARD, ROCK BACK, COASTER STEP

- 1&2 Step forward on right swinging the hips forward, back, forward
- 3&4 Step forward on left swinging the hips forward, back, forward
- 5 Step forward on right
- 6& Step forward on left, rock back on right
- 7&8 Step back on left, step right next to left, step forward on left

REPEAT