

Groove Grass Mixer (P)

COPPERKNOB
BY SHEETS

Count: 40

Wand: 0

Ebene: Partner

Choreograf/in: SanDee Skelton (USA)

Musik: Macarena - The GrooveGrass Boyz



Position: Men form circle facing out towards edge of dance floor, Ladies form circle facing in towards partner.

"SHAKE DICE", SLAP THIGHS, JOIN HANDS

Clasp your own hands together as count 1 begins

- 1-4 "Shake dice" up to left 2 times, up to right 2 times
- 5-6 "Shake dice" down to left once, down to right once
- 7-8 Slap both thighs, slap palms of both hands to partners palms

"TUSH-PUSH" HIPS

Join hands with partner and push hand toward partner on each bump

- 1-4 Bump right hip twice to partner's right hip, bump left hip away twice
- 5-8 Bump hips right, left, right, left

FOUR TRIPLE STEPS TO THE RIGHT AROUND PARTNER

- 1-8 Beginning on right foot, do four triple steps around partner making a full circle. End facing partner and release hands

"MACARENA"-HIP, HIP, REAR, REAR, WIGGLE 3 TIMES, CLAP

- 1-2 Right hand cross in front to pat left hip, left hand cross in front to pat right hip
- 3-4 Right hand to right rear pocket, left hand to left rear pocket
- 5-8 Wiggle hips 3 times, clap

When doing the dance as a twosome, stay facing partner and repeat dance from beginning.

When doing the dance as a mixer, make a ¼ turn to the left on the clap and continue with the following 8 counts.

WALK FORWARD 3 STEPS, "HIGH FIVE", WALK FORWARD 3 STEPS, CLAP

- 1-3 **MAN:** Walk forward (LOD) right, left, right
LADY: Walk forward (RLOD) right, left, right
- 4 Right hand "high five" to first person as you pass
- 5-7 **MAN:** Walk forward (LOD) left, right, left
LADY: Walk forward (RLOD) left, right, left
- 8 ¼ turn to right and clap. Keep hands together for "shake dice". You are now facing new partner

REPEAT